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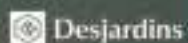
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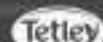
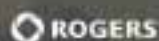
**TICKETS ON SALE DECEMBER 2**

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NEWS  
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TYPICAL  
HOLLYWOOD  
... OH

IN WHICH SHANNON CATCHES US UP ON WHERE THE OLD GANG IS NOW — IN THE PRESENT, WHICH TO HER, BEATS THE HELL OUT OF LIVING IN THE PAST **PAGE 14**

Huh ... um ...  
where am I  
again?

Londoner got lost on his trek along Bruce Trail, which he's navigating for charity — but is back on track **PAGE 3**

Campaign  
wants to Shine  
The Light

Londoners lauded for their support in raising awareness for violence against women **PAGE 4**

'In my culture,  
you're not even  
allowed to  
wear bikinis'

One Londoner's journey from a Syrian refugee camp to the life of a model **PAGE 9**



Juan Ariza with wife, Edith, and son, Flavio. CONTRIBUTED

Injured migrant  
worker hopes to  
return to Canada

**'I had to ... return to my family.'**  
Survivor of horrific crash speaks out after return to Peru

SCOTT  
TAYLOR

scott.taylor@metronews.ca

Juan Jose Ariza survived a collision that killed 10 people outside of Stratford in February 2012.

He spent the following 18 months in agony, willing his broken body to heal in a London long-term care facility.

But the one foe he hasn't been able to beat is the Canadian government.

Not yet, anyway.

Ariza and 12 other migrant workers had finished their shift vaccinating chickens when their extended van ran a stop sign and was crushed by a truck driven by a London man, who also died.

Only Ariza and two other workers survived the carnage.

While recovering, Ariza was separated from his wife and young son. His work visa had expired and he wasn't going to be granted another one due to

## The crash ...

- **When:** Feb. 2, 2012
- **Where:** Hampstead, Ont., about 20 km north-east of Stratford
- **Dead:** 11, including London truck driver Chris Fulton and 10 migrant workers
- **Survivors:** Juan Ariza, 36, Javier Alba, 39, Edgar Sulla-Puma, 27

his injuries.

That meant that if he left the country, he would likely not be allowed to re-enter it again.

He wanted to bring his wife Edith and son Flavio here on humanitarian grounds because his injuries occurred while working in this country. He took English lessons with the goal to find a job that would make use of his brain instead of his battered body.

To make matters worse, Edith had brain surgery while Ariza was in London. She has since recovered.

He was at his wit's end when the red tape became too much.

He gave up and went home.

"My son was too lonely and was in a deep depression because my wife had surgery and I was in Canada," he said from Peru. "I had to make a decision to return for my family."

The dilemma now that he's home is how to make ends meet there, where a physically challenged man like Ariza has few employment options.

"I can't find a job in Peru and I can't give a future for my family," he said. "That's what worries me the most."

WSIB is still subsidizing his salary to a certain degree, but he's no longer able to afford treatment for his injuries.

Federal Citizenship and Immigration Minister Chris Alexander's office said: "Due to privacy laws, we cannot comment on the specific details of a case without consent from the individual concerned."

London North Centre MP Susan Truppe, who's been working on behalf of Ariza, said there's reason to be optimistic.

"The time frame on humanitarian or compassionate grounds is 32 to 40 months, so he's right about at the halfway mark. He hasn't been turned down and the file is still active, so things are moving along well."





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**First of the season**

## Flu arrives in London again

The first locally acquired case of influenza has been confirmed by the Middlesex-London Health Unit.

It said the case of influenza A shows the flu is starting to circulate in the community.

It led to a reminder Thursday to get a flu shot.

Two community vaccination clinics are still to come. The first is Thursday from 4 to 7 p.m. at Clarke Road Secondary School and the other is Tuesday at the Lambeth Community Centre.

The free seasonal flu vaccine is also available at the Health Unit's Immunization Clinics in London and Strathroy, as well as at many pharmacies, physicians' offices and some workplaces. **METRO**

**Natural products**

## Food drive with a difference

A food drive unlike any other is being planned by a London training organization.

The city's branch of the Canadian School of Natural Nutrition is looking to gather food, but not just any food. Students of the registered holistic nutritionist program have been given a class assignment.

Between Dec. 2 and 19 they must find healthy, budget-friendly food items based on particular health conditions, such as diabetes, high cholesterol, or arthritis, that satisfies the needs of the London Food Bank — and they are asking Londoners to help.

**METRO**

# Bruce Trail walker still on track — just

## Charity hike.

London man passes halfway point of his 1,800-km journey, despite getting lost



**MIKE DONACHIE**  
mike.donachie@metronews.ca

He's at the halfway stage, and London's unstoppable charity hiker is making good progress.

But the trek, which is covering almost 1,800 kilometres along the Bruce Trail and back again, hasn't been without problems.

Graham Fowler, the apprentice bricklayer who's taken on the challenge in aid of the Boys and Girls Club, found himself in trouble after getting lost.

He's been walking through some pretty remote country on the six-week effort, but after a "mix-up with the map" found himself cut off with no idea where he was.

Worse, he missed a rendezvous with the support vehicle, driven by his mother.

"That was pretty dicey," said Fowler, 32. "But we got it all figured out."

Happily, he managed to find help at a cottage, but, with surprisingly little con-

## Scholarship fund

Fowler is setting up a scholarship memorial fund for his grandmother, Sara Rie Larson, who volunteered with the Boys and Girls Club for 25 years.

- Even though he's only halfway, he's already reached his target of \$10,000 in donations.
- He wants people to keep donating, calling it "icing on the cake."
- To help out, search for Graham Fowler's name under GivingPages on Canadahelps.org.

tact with other people or even wildlife, it's been a solitary trek.

Metro spoke to Fowler as he was near Tobermory, about 890 km into the walk. Now he's heading back towards his starting point, Queenstown, as he tries to be the first person to walk the Bruce Trail and back again for charity.

"It's been cold and wet," he said. "We've had a lot of wet snow."

"It's kind of chilly up here. It's about minus-eight, minus-20 with the wind chill."

## Quoted

**"It's been cold and wet."**

Graham Fowler, on walking the Bruce Trail, so far.



Graham Fowler and his mother, Faye, who are out in the wild country for charity. **MIKE DONACHIE/METRO**

1 NEWS



Did you know **72%** of pain sufferers regularly have trouble sleeping?

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## Partnering up. Lorne Ave. school looks ahead

Emotions have settled.

It is now time for the Save Lorne Avenue Public School committee to press forward and ensure they find a partner who can fill the school's vacant space.

On Tuesday, November 26, 2013, the Board of Trustees at Thames Valley School Board passed a motion giving the school five months to find a use for the space that the board has deemed to be in excess.

The decision was a victory for the community group who rallied hard, but now even more work must be done to ensure it happens.

"Everyone has been really positive about this news," says Scott Maclean, who was front and centre throughout the process for the community.

"This gives us that extra little bit of time," said Maclean. "We know we can put it together before the deadline."

Possible partners include Aeolian Hall and their El-Sistema music program, the International Academy of Learning and the City of London.

Clark Bryant, executive director at the Aeolian Hall, envisions using El-Sistema as an attractor for Lorne Avenue School where students from across the city would prefer to attend, much in the way Central, Beal and Pearson are sought after.

Bryant has had preliminary talks with the mayor's office and with his funding partners who he says view the opportunity for expanding the program at Lorne Avenue "very much a game-changing project."

MARK SPOWART/FOR METRO

# Successful campaign lights up city's community spirit

**Shine The Light.** City shows support for efforts to end violence against women



MIKE DONACHIE  
mike.donachie@metronews.ca

The compassion of Londoners has left campaigners against women abuse enthusing.

As the month-long Shine The Light campaign drew towards its end, executive director Megan Walker thanked the city for helping to make a difference.

"I think the community needs to be congratulated for the incredible support they have shown through the Shine The Light campaign for women who are being abused by their partners," said Walker. "It's just outstanding."

The idea behind Shine The Light, which has been adopted by communities across the province and beyond, is to use the colour purple — the colour of courage — to raise awareness of abuse.

And there was purple everywhere.

Walker, who's been sporting purple hair, said 35 major buildings across London, including city hall, were lit up in the colour.

The creativity didn't stop there, with purple lights, ribbons, clothes and more in homes, schools, businesses and churches across London. Stores filled



Purple lights on a tree in Victoria Park were lit as part of the campaign. MIKE DONACHIE/METRO

their windows with purple products and, as Metro reported, there were even men dyeing their beards purple.

Shine The Light also encourages women to seek help, and many more have during November.

"What we like to hear are there are more women who are feeling supported by the community in reach-

ing out for service," added Walker.

"I'm feeling inspired by that because that's the goal."

There's one last part of Shine The Light. They're running a contest for the best purple pictures, and supporters can send images of how they supported the campaign to jen@lawc.on.ca.

### Increased demand

Raising awareness about violence against women, and the help that's on offer, led to more women seeking help from the London Abused Women's Centre.

- The centre's calls for service increase by 91 per

cent. Last November they had 196. This year they had 374.

- Walk-ins — women arriving at the centre seeking help — increased 165 per cent, from 23 last November to 61 this year.

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# Liberals and NDP rail against PC's right-to-work bill proposal

The Liberals and New Democrats went on the attack Thursday, warning a Progressive Conservative proposal to make Ontario a so-called "right-to-work" province, would kill jobs, not create them.

The Official Opposition wants to change labour laws so employees in unionized workplaces are no longer compelled to pay dues even if they don't join the union.

"Ontario is one of the only places in the world where people have to be forced to join a union in order to take employment, and that's wrong," said PC labour critic Monte McNaughton.

"We need to modernize our labour laws and that starts with giving workers a choice, and it's simple: do they want to join a union and pay union dues or not."

McNaughton claimed

making Ontario a "right-to-work" province would create tens of thousands of jobs.

Labour Minister Yasir Naqvi called the Tory plan an unconstitutional "job-killer," and quoted U.S. President Barack Obama in describing it as "the right to work for less."

"If you look at the evidence on what the right-to-work-for-less has done across the United States,

wages and benefits go down for all workers, unionized and non-unionized," said Naqvi. "We have evidence that shows that health and safety laws are weakened, and also there is a net loss of jobs."

The New Democrats warned the proposal from PC Leader Tim Hudak would not help create jobs or boost the economy.

THE CANADIAN PRESS



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# As London force faces job cuts, fewer entering policing schools

## Law enforcement.

35 officers may lose their jobs as the budget battle begins, and the next generation of cops is in danger of being wiped out entirely



SCOTT TAYLOR  
scott.taylor@metronews.ca

As London city council and its police force begin to battle over the 2014 police budget, the casualties might not just be 35 current officers who would lose their jobs with a zero per cent increase.

The ripple effect may

wipe out the next generation of police officers altogether.

Enrolment in some police-related academic courses has decreased in recent years, likely due to a dire lack of opportunities upon graduation.

According to London Police Const. Ken Steeves, the Ontario Police College graduated 35 people in 2012, but

only eight so far this year.

In fact, there was no semester last May — the first time that it's been cancelled in its 50-year history.

Fanshawe College Police foundations program coordinator Elizabeth Schone-mann agreed that the future isn't promising.

"But they can also explore avenues such as corrections,

customs, probation and parole, private security and private investigation," she said. "There are jobs in policing, just not officer positions. That's how we're trying to gear our students."

Without hard numbers at hand, Schonemann couldn't tell if a trend is emerging at Fanshawe, but she believes enrolment in policing is

down there, as well.

"Look at last year. They didn't even run Ontario Police College for the first time ever, so everyone knows it's a very competitive field," she said.

"So we tell them they need to be the perfect candidate to get in. They need volunteering, they need good grades, they need life experience."

## Charges. Man accused of demanding cash from Mac's clerk at knifepoint

One man faces a robbery charge and another is accused of trying to help him get away with it after an incident at the Mac's Milk store at 272 Dundas St.

Police say 22-year-old Caleb Jackson entered the store at about 3:35 a.m. Thursday and demanded cash from the employee. They say he was carry-

ing a knife.

The clerk refused to give up any money, so Jackson fled the scene.

Police later found him with other men in the area of Dundas and Colborne.

Jason Jacques, 33, will answer to a charge of being an accessory after the fact. **METRO**

## Boler Mountain. Storm, late spring help provide 6 months of ski conditions

It's full speed ahead for Boler Mountain as the popular ski and snowboard destination confirms it will open on the earliest date in its more than 25-year history.

A good snowstorm coupled with below-average temperatures seems to have done the trick.

The staff has been working feverishly to blanket the hill with artificial snow and ready the resort for guests.

Thanks to a late spring this year, the club can boast that it has provided ski and snowboard conditions for six calendar months.

SCOTT TAYLOR/METRO

## Fanshawe students telling the Bard's tale with a twist



Fanshawe College Theatre Arts are getting ready to open their adaptation of William Shakespeare's King Lear.

"Second-year theatre arts students study Shakespeare in the first semester and we bring in direction to help them understand the language and how it relates to current times," says Alina Subrt, production coordinator on the show.

This is the 10th year of the program and the first time Lear has been presented. This performance has been adapted for modern times, with Lear being portrayed by a female.

The Theatre Arts students are supported by students in Theatre Costume Studies and Theatre Production in creating the show, including all costumes, set design, construction, lighting and sound design.

"We bring in professional directors and designers and run the production very much like a professional theatre. The students work with the designers creating everything right from scratch, or going out with designers and buying items that fit," said Subrt.

Director Brad Ruby is on hand for the performance. His background includes working at Stratford, as well as on the Toronto production of War Horse.

Students in the program produce two full shows each year that are open to the public, with smaller workshops throughout the year that are for learning purposes only.

The show will have its preview on Dec. 4 and run until Dec. 8, with evening shows during the week and matinees on the weekend.

MARK SPOWART/FOR METRO

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Director Brad Ruby, centre, runs through final rehearsals of the Fanshawe College Theatre Arts production of Lear.

MARK SPOWART/FOR METRO



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## This is the end

It's time for the  
moto finally go

And now, the end is here, and so I face the final curtain.

November, my friends, has come to its final days, and for me, it goes out with whimper, not a bang.

I didn't raise much money and my wife-to-be (W2B) still looks like she swallowed lemon juice when she looks at me (that really takes its toll on your self-esteem, let me tell you), but it wasn't all bad.

I got to know TV's Lincoln McCardle and, for a change, tried to do something good that didn't directly benefit me.

That really is a change.

There were other positive, memorable moments through the month that never would've happened had I not grown a cheesy moustache.

For example, I started calling everyone "dude," while wearing a cowboy hat and many gold chains.

I bought a lava lamp and a green shag carpet.

I got to perfect my Ned Flanders impression, neighbour-ino.

In the end, the goal is noble and I'm happy I got to be a small part of it. Men's health issues, such as prostate cancer and testicular cancer could use more funding and awareness and, quite frankly, discussion.

And if you haven't seen a doctor for a while, make an appointment.

Do it for you, dude.

SCOTT TAYLOR/METRO

# A little extra facial hair raises millions in donations

**November.** The month of hair growth comes to an end with a record attempt

Women across the Forest City are cheering as November comes to a close.

What started with a group of 30 people in a bar in Australia has grown into a world-wide co-ordinated campaign that to date has raised more than \$500 million.

As of noon on Thursday, Canada stood at 171,000 registrants and more than \$22.6 million raised this year in donations that are used to tackle men's health issues. That's good enough to be at the top of the list worldwide.

Not bad for a little extra facial hair.

"It has been really good," said Lincoln McCardle, chair of the London November committee. "It always goes so fast, but I am not going to miss the moustache too much."

"It is starting to get a little itchy."

McCardle and his fellow MoBros will also have a chance to shed the fuzz and possibly earn a place in the Guinness Book of World Records Friday.

It will be a record if more than 250 people show up to David E. White Clothier at the

corner of Richmond Street and Queens Avenue to have their upper lip once again exposed.

It's called the Great Canadian Mo Shave Off — for a \$20 donation your lip can be professionally shaven. Proceeds from the event go to the London November campaign.

As was the case in previous years, London this year saw

an increase in participation.

"Part of the reason it has been so popular is at the end of the day, it's fun," said McCardle.

"My favourite part of the month is just walking down the street and seeing other guys with moustaches and wondering if they are a November guy."

"Then we give each an ac-



MoBros, Scott Taylor, left, and Lincoln McCardle, square off to compare their moustaches as the month-long campaign comes to end. Canada was positioned to finish top of the heap with more than \$22 million raised this year. MARK SPOWART/FOR METRO

## Quoted

**"My favourite part of the month is just walking down the street and seeing other guys with moustaches and wondering if they are a November guy."**

Lincoln McCardle, chair of the London November committee

knowledging nod, ya know, kinda like the Volkswagen ads where you see them waving to each other as they drive down the street."

MARK SPOWART/FOR METRO

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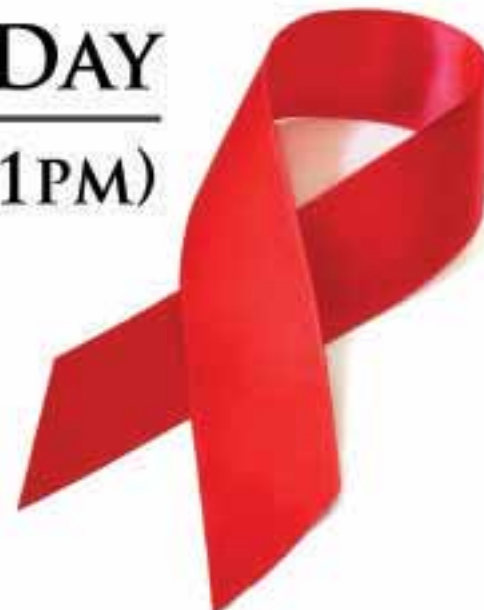
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# From war to the model life

## Healthy change.

Meet the London retail manager who swapped a Syrian refugee camp for fitness and physique contests



**MIKE DONACHIE**  
mike.donachie@metronews.ca

Canada offers many opportunities, but for one arrival from the troubled Middle East the change has been especially profound.

"In my culture, you're not even allowed to wear a bikini," said Saadiya Ghanem. "My parents were shocked."

Once, she was an Iraqi refugee in a camp in Syria. Now she's heading to Canada's national championships for fitness enthusiasts — in bikinis.

Ghanem, 29, a retail store manager in the Masonville mall in London, has earned a place in the Bikini, Figure, Fitness and Physique Championships in Edmonton next July. She qualified at a provincial contest in Toronto after beating 25 other women in a local competition.

When she was five years old, soon after Iraq invaded Kuwait, Ghanem was woken late at night by her parents.

"My dad was going to be taken away from us to be



Saadiya Ghanem, who left a refugee camp in Syria for a new life in Canada. MIKE DONACHIE/METRO

put in the army," she said. "He knew he wasn't going to come back. We decided one night that we needed to leave."

So they did. It was a six-hour walk in the rain, at night, but eventually they found themselves in a refugee camp. They stayed there for nine years.

It was basic, said a tearful Ghanem, with almost no health care and little education. She helped her mother as best she could but when the Canadian government

sponsored them to come to Canada as refugees in 1999, the family of seven children and two adults jumped at the chance.

It was, of course, life-changing.

"There are just so many things that are better about Canada that I can't even name," said Ghanem, who was then 17. "The people here are amazing. There's so much more freedom."

And that freedom includes the chance to take

part in the contest that sees people judged on fitness and physique.

It's different from bodybuilding, says Ghanem, because it's not so much about muscle. She says it's all about health, and she owes her health to Canada.

She said: "When I arrived in Toronto and got in the taxi, I was like, 'Wow.' It was like something I never thought I would see."

"I thought I would be in the camp forever."



Ghanem ready for competition.

CONTRIBUTED

## Bikini body takes discipline

### Eating for health

Saadiya Ghanem eats five times a day. Breakfast is eggs, toast and peanut butter and she follows it mid-morning with a protein shake and some almonds.

Lunch is chicken, sweet potatoes and unlimited greens, with another pro-

tein shake mid-afternoon. Supper is chicken, fish and more greens.

Once a week, Ghanem takes a day off and eats whatever she wants. She likes burgers, fries and cheesecake.

She also takes supplements made by her sponsor, SD Pharmaceuticals, including green coffee beans. MIKE DONACHIE/METRO

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## Duffy audit. Tories block key witness on alleged interference

Conservative senators blocked a bid Thursday to have a key figure from the audit firm Deloitte testify about alleged interference into the review of Sen. Mike Duffy's expenses.

The move came as the Senate's internal economy committee heard from three other Deloitte partners about the audit they had done into Duffy's living claims between February and May.

Deloitte's Gary Timm confirmed what had been revealed in a police report last week — that Michael Runia, one of the firm's managing partners, called him to inquire about the Duffy audit. Runia was not a member of the audit team.

An RCMP court filing last week revealed that Runia made the call at the request of Conservative Sen. Irving Gerstein, who in turn had been prompted by the Prime Minister's Office.

"As I indicated before,

he wanted to know if Sen. Duffy were to repay (his expenses), how much would it amount to," Timm said of Runia.

"I said I couldn't tell him, I couldn't disclose any confidential information to him — that was the gist of the conversation."

Timm said that he notified others at the firm about the call, but no report was made back to the Senate committee — Deloitte's client — about the matter.

When Liberal Sen. George Furey later moved to have Runia appear to answer questions, Sen. Gerald Comeau, the Conservative chairman of the committee, ruled against him, saying it's not the committee's job to conduct police-style investigations.

A subsequent vote, which included Comeau's Conservative colleagues, upheld the ruling, much to Furey's disappointment.

THE CANADIAN PRESS



Sen. Mike Duffy arrives to the Senate on Parliament Hill back in October.

ADRIAN WYLD/THE CANADIAN PRESS

### G20 summit

#### U.S. spied and Canada knew about it: CBC

The defence minister is standing by the national eavesdropping agency amid new allegations of spying on world leaders on Canadian soil. Documents leaked by a former spy contractor indicate the United States conducted widespread surveillance at the Toronto G20 summit in 2010 — and CSEC knew about it. THE CANADIAN PRESS

### Ashley Smith case

#### 'Tortured' in prison, mom says

More than 10 months of testimony into the videotaped choking death of a teenager in her segregation cell have done little to shake her mom's view that Canada's prison system abused her daughter. Speaking after final submissions wrapped up at the Ashley Smith inquest, Coralee Smith said it would be unfair to lay responsibility for the tragedy at her daughter's feet. THE CANADIAN PRESS

# Workers walk out after co-worker's suicide

**Halifax.** Workers say management harassed 58-year-old Peter MacKenzie for months to try and get him to quit



HALEY RYAN  
Metro in Halifax

Nearly 200 workers at the Irving Shipyard in Halifax walked off the job Thursday morning after employees said resentment "boiled over" when they learned a co-worker had killed himself following a suspension, and what they say was months of harassment by management.

A shipyard worker who preferred not to give his name said he "almost cried right on the spot" when he heard of Peter MacKenzie's death, who he said he worked with for 25 years.

"He was singled out and harassed in many regards," said the man. "We've had enough and it's as simple as that ... it boiled over."

Workers left their jobs around 7:30 a.m., lining both sides of Barrington Street at the bottom of Devonshire Avenue and crossing the street each time the lights changed.

Union president Cliff Pickrem said MacKenzie was suspended for 30 days due to poor workmanship on his scaffolding Tuesday, but later heard an engineer say the work was "quite up to standard."

In a statement, Irving said "It is not appropriate to speak about details regarding indi-



Workers at the Halifax Shipyard walked off the job on Thursday after they say a fellow worker killed himself following months of harassment. HALEY RYAN/METRO IN HALIFAX

vidual employees."

Halifax RCMP spokesman Cpl. Scott MacRae said they received a suicide call for a home in Eastern Passage on Wednesday at 2:30 p.m. and found a 58-year-old man dead.

Metro reached out to the victim's family, who preferred not to comment.

Tyler Stewart, 29, was among many who said the company has become much harsher and more disciplinary in the last year and half since Irving won the national shipbuilding contract and new management came in.

"A lot of the older gentlemen, they're trying to almost make them retire ... they want to make their lives miserable," Stewart said. "Unfortunately it has to come to this to make a

better situation."

Pickrem and national union rep Rick Rose came from negotiations just before noon and said Irving's president was flying to Halifax. They told the crowd management understood their frustration, but was asking everyone to continue working.

Many shouted "no way" and left the property, saying they would return Friday.

"We're going to have conversations we haven't had

for quite some time to reset things, and make sure everybody feels confident that we can do the work we need to do," said Rose.

Irving spokesperson Deborah Page said in a statement they are "working extremely hard to create a positive, effective and productive work environment at Halifax Shipyard — and for that we need employees to be at work, and the union and company to work together."

### R.I.P.

"Our thoughts and hearts go out to Peter's family and friends, and to all here at the shipyard who worked with him."

Statement from Irving regarding the death of Peter MacKenzie

# Mayor's drug admissions could spell trouble at the U.S. border

Toronto Mayor Rob Ford says he wants to attend the Winter Classic hockey game near Detroit. He may not get past Windsor.

Ford's admission that he smoked crack cocaine in the last two years leaves him with a border problem. While he might still be granted entry into the United States — applications are handled on a case-by-case basis — he could also be re-

jected, according to the U.S. government and a Toronto immigration lawyer.

Under U.S. law, the mere admission of illegal drug use — in Ford's case, an admission broadcast far and wide on American television — is grounds for a Canadian to be turned away at a crossing. The absence of criminal charges, let alone a conviction, doesn't matter.

TORSTAR NEWS SERVICE



Toronto Mayor Rob Ford puts on a pair of sunglasses handed to him at the Austin City Limits festival in Texas in this October file photo.

DANIEL DALE/TORSTAR NEWS SERVICE



# Non-believers start their own global church

**Our father, who art in England?** Atheist collective claims to be the fastest-growing church in the world



**KIERON MONKS**

Metro World News in London, U.K.

The Sunday Assembly started small in 2012, hosting monthly ceremonies at a deconsecrated church in a chic London, England, suburb. Founded by comedians Sanderson Jones and Pippa Evans, the events sought to combine the warmth of a congregation with irreverent entertainment, featuring songs and life-affirming lectures.

As word spread, the Assembly became a community of active participants, inspired by the mantra of "live better, help often, wonder more." The local city council reclaimed their venue, but the Assembly, undeterred, found new homes across London, the United Kingdom and beyond, as eager followers joined the movement and founded their own chap-



**Come for the service, stay for the coffee:** Stand-up comedians turned humanist ministers Sanderson Jones and Pippa Evans lead London's leading atheist church, the Sunday Assembly. NICK CUNARD/METRO WORLD NEWS

ters. In the past two months, affiliated Sunday Assemblies have opened in 22 cities across five countries.

The creators deny that their idea has become another religion; they say they simply wish to provide the social hub missing in many godless communities. "We are born from nothing

and go to nothing. Let's enjoy it together," proclaims the first of their 10 "commandments."

The Sunday Assembly now claims to be "the fastest-growing church in the world," citing a "3,000 per cent growth rate" in the past year. Jones and Evans have spent much of 2013

on tour — from the U.S. Bible Belt to the Australian outback — that will extend the reach further still.

The movement has not been without its critics, and the comedians are frequently heckled in traditionally religious areas, but the concept is now firmly established.



**Minister Sanderson Jones addresses the crowd.** NICK CUNARD/METRO WORLD NEWS



**The congregation at a Sunday Assembly service in London, England.**

NICK CUNARD/METRO WORLD NEWS

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(2) See store for details.



## RCMP. Cop told not to use medical pot in uniform; force policy under review

The case of a New Brunswick Mountie who's reportedly been told he cannot smoke the drug while in uniform underscores the need for employers to better understand medicinal marijuana, an advocate for medical cannabis said Thursday.

Adam Greenblatt of the Canadian Association of Medical Cannabis Dispensaries, said the RCMP should allow Cpl. Ron Francis to smoke in uniform provided he is not impaired. "If this officer was a diabetic, would they prevent him from using insulin

on the job?" Greenblatt said.

Francis told the CBC that there's no policy in the RCMP that prevents him from smoking his doctor-prescribed marijuana in public or while wearing his uniform. Their report said Francis is assigned to administrative duty. He uses pot to treat post-traumatic stress disorder.

RCMP deputy commissioner Gilles Moreau told CBC Francis should not use marijuana in uniform and the force is reviewing its internal policies on the matter.

THE CANADIAN PRESS

### Burnside, N.S.

## Jail incident investigated

Police are investigating an alleged assault at the Central Nova Correctional Facility in Burnside, N.S. that involved two corrections officers.

Halifax police Constable Pierre Bourdages says they received a call Thursday about an assault at the jail.

A justice ministry spokesperson confirmed the incident involved two corrections workers.

No one was injured and there have been no arrests.

METRO IN HALIFAX

# Uproar in Israel over a rabbinic court ruling

**Religious law.** Protests erupt after a religious court punishes a mother for refusing to circumcise her son — she's fined \$150 per day

An Israeli rabbinic court has fined a woman hundreds of dollars for refusing to circumcise her baby son, officials said Thursday, in a landmark case that has sparked a new uproar over the role of religion in the Jewish state.

The case shines a spotlight on a long-running debate over religious coercion in Israel, where generations of leaders have struggled to find a balance between the country's Jewish and democratic character.

The matter ended up in the rabbinic court as part of an ongoing divorce battle. The



Israelis protest Thursday in support of a woman who refuses to have her son circumcised. THE ASSOCIATED PRESS

woman announced her refusal to circumcise the boy, saying she did not wish to harm him. The Israeli rabbinate's high court ruled last week the circumcision was for the child's welfare and that the woman must pay the equivalent of nearly \$150 each day she refuses the circumcision.

"The decision is not based

only on religious law. It is for the welfare of a Jewish child in Israel not to be different from his peers in this matter," said Shimon Yaakovi, legal adviser to the rabbinical court.

He said it was the first time a religious court in Israel has punished a parent for refusing to circumcise.

THE ASSOCIATED PRESS

### Theocracy charge

**"(It's) dangerous for democracy ... It turns the government into a theocracy."**

Ronit Tamir, anti-circumcision activist. Most Israelis are secular, but the founders gave Judaism a formal place in the nation.

## Comet ISON disappears after trip around sun

Scientists say it appears a comet from the fringes of the solar system didn't survive its close encounter with the sizzling sun.

Images from NASA spacecraft showed Comet ISON approaching for its slingshot around the sun on Thursday, but nothing coming out on the other side.

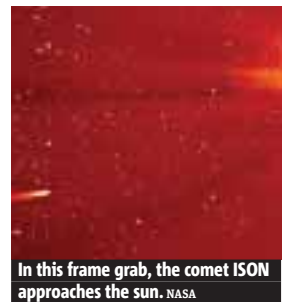
United States Navy solar researcher Karl Battams said "ISON probably hasn't sur-

vived this journey."

Phil Plait, an astronomer who runs the Bad Astronomy blog, agreed, saying "I don't think the comet made it."

Still, said the astronomy blogger, it wouldn't be all bad news if the 4.5-billion-year-old rock broke up into pieces, because astronomers might be able to study those pieces and learn more about comets in general.

THE ASSOCIATED PRESS



In this frame grab, the comet ISON approaches the sun. NASA

### Alberta

## Flooded Calgary zoo reopens

Hundreds of grownups and children pressed up behind a purple banner Thursday as they waited for the chance to reconnect with furry, feathery, scaly and leathery friends at the Calgary Zoo. Mayor Naheed Nenshi ripped cut a banner that read: "Welcome Back. We're Open," to officially throw wide all doors to the zoo five months after it was shut down by flooding. THE CANADIAN PRESS

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**Yikes!** Ever feel like you're being tracked at the mall? Turns out you might be, with retailers turning to technology to track shoppers in a bid to tailor the shopping experience to customers. SEAN GALLUP/GETTY IMAGES FILE

## You're not paranoid, stores are spying on you

### Online and IRL.

Retailers are tracking your movements using cookies, heat sensors and cellphone signals

Advances in technology have never made tailoring deals to shoppers this holiday season so easy — or so creepy.

Online stores have long

### He knows what you're buying

**"You can't have Christmas any more without big data ... You know that song where Santa knows when you've been sleeping? He knows when you're awake? That's where he's getting his information from."**

Jeff Chester, executive director at the Center for Digital Democracy

tracked your movements on the web through 'cookies.' And bricks-and-mortar stores have started tracking you too — ex-

perimenting with heat sensors and monitoring phone signals to see which aisles are most popular. **THE ASSOCIATED PRESS**

### Focus on technology

## CN Rail launches \$10M safety plan

Canadian National Railway Co. says it's investing \$10 million in a special program to enhance its ability to detect equipment defects, such as hot wheels.

**THE CANADIAN PRESS**

### Urgent labour issue

## Skills gap needs to be filled: Manley

Former cabinet minister John Manley says Canada needs to fix the labour skills gap before the country lags even further behind internationally.

**THE CANADIAN PRESS**

### Random biz fact of the day

**75%**

75 per cent of job seekers use traditional networking to gather more information about a company.

**CAREERBUILDER**



## Pope's right-hand man to look into Vatican bank

Pope Francis is helped with his skull cap by his personal secretary Mons. Alfred Xuereb during a gust of wind in St. Peter's Square in May. On Thursday, the Pope named Xuereb to look into the work of two commissions of inquiry he set up last summer to investigate the finances of the troubled Vatican bank and Holy See administration. **THE ASSOCIATED PRESS FILE**

### Market Minute



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Nasdaq and Dow Jones closed for American Thanksgiving.

# Birthing an online identity for your little one



**Asher Zuckerberg, 2, already has his own website and email address. What about your toddler?** IAN WALDIE/GETTY IMAGES FILE

For most expectant mothers, there's a fairly typical to-do list to tackle as the due date approaches.

When you're a member of the tech savvy Zuckerberg clan, the one linked to the world-changing Facebook empire, there's an entirely different set of important tasks that naturally comes to mind.

There's some preliminary Googling to do before settling on a name, and there are URLs, email addresses

and social media accounts to register for.

Yes, Randi Zuckerberg — older sister of Facebook founder Mark — made sure she secured a website address and email address for her now two-year-old son Asher in preparation for his birth, and talks about why she thinks it's so important in her new book *Dot Complicated*, a guide to managing the ever-changing demands of technology and social media.

"Of course I did that for

my son," says Zuckerberg, the social network's former director of market development and current CEO of Zuckerberg Media.

"Your digital identity begins from the moment you're conceived now, you're announced online and you're entering the world and as parents you have to be responsible and diligent to make sure you're carving out the best online real estate for your children as well."

**THE CANADIAN PRESS**

### Taking baby steps

Randi Zuckerberg advises Googling a few baby names before making a final choice.

- "(Search) your short list and if you see they'd share the same name with someone who has pretty negative Google results, it might influence your decision."

## Recommendation. Ban federal instant messaging to preserve message trail

Canada's information watchdog is recommending a ban on instant messaging on federally issued BlackBerry's and other wireless devices because such messages evaporate so quickly, erasing part of the record.

In a report, Suzanne Legault says instant messages are automatically deleted — usually after 30 days — meaning Canadians can't request them under the Access to Information Act. **THE CANADIAN PRESS**

### Another hit to BlackBerry

Some 98,000 BlackBerry devices have been issued to government institutions.

- But there is no government-wide policy on the use of text-based peer-to-peer forms of communication such as BlackBerry Messenger.



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## Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 20

metronews.ca/temp

### Wages

#### Equal work, equal pay

The Workers Action Centre is campaigning for equal pay as part of its advocacy for workers' rights, which includes approaching politicians and conducting online campaigns.

"Permanent workers are earning a lot more," said centre organizer Sonia Singh. "The typical statistic is that temp workers earn 40 per cent less than permanent workers."

"The government should include in the law that temp-agency workers receive the same wages as permanent workers when they are doing the same work." **MIKE DONACHIE/METRO**



THE CANADIAN PRESS

### Race to the bottom

#### Government jobs no sure thing

Government temp jobs are no longer the coveted positions they used to be. Wages for temp workers in the public sector have fallen by up to 40 per cent since the feds started awarding contracts to the lowest bidder, according to the Association of Canadian Search, Employment and Staffing Services. **METRO**

# Temp Figures It All Out

If you came here expecting a happy ending, that's exactly what you're going to get. It's a few months later, I'm now Mrs. Xu, there are twin Xus in the offing, and the twins will be in line to inherit over a billion dollars. I remind myself of this every time I think of the coffee room's Girl Guide chocolate-bar honour box, and how horrified I always was to find out staffers had shortchanged it, and how I paid out the difference from my own pocket.

What about TWK? Don't worry about the old gang — they're doing just fine. The building is now home to Mr. Xu's vanity project (and mine), which is to be the world's largest online retailer of vintage and high-end sneakers. Sarah No. 1 is once again in charge on online marketing development, and Sarah No. 2 is back developing e-commerce strategy. This time, their decisions will have a chance of being implemented and making some kind of difference.

With a slight romantic twist, Sarah No. 3, who I never really got to know, is seeing Kyle, who quit the refinery after a week spent inhaling its magic aromas. Kyle is now getting a full sleeve of ink on each arm and is in charge of "Branding Atmosphere," which means — I'll be honest — I have no idea what, but I'm just so glad he's no longer inhaling oil. I'll always have a soft spot for that loveable lunkhead who kind of flirted



with me, and who I kind of flirted with back when we were both younger and dumber.

The Danimal we now call "The Shaker" because we send him out doing anything that involves old-school middle-management people shaking each

other's hands: Conferences and land leasing and that kind of stuff. It's a remarkably effective category and he loves it. Dan and Chantelle split up quite amicably. Chantelle and Darren are engaged and living in the gated community together. Chantelle's lips have shrunk and she looks a tiny bit more human and promises not to get more work done.

And the happiest ending of all is for Kurt, the old guy by the stoplight, who now has his own office out by the delivery bay where his main task is to sit, enjoy life and maybe watch the Carpenters on VHS — he refuses to go online.

So maybe you entered this story expecting there to be a Boogeyman — someone who we can yell at, and whack with sticks like a piñata. But there is

### Random fact of the day

The difference between poisonous and venomous animals: "If you bite it and you die, it's poisonous. If it bites you and you die, it's venomous."



SOURCE: WTFUNFACT.COM

### Random biz fact of the day

98%

An overwhelming majority of job recruiters used social media to search for candidates in 2012.

SOURCE: WORKOPOLIS

### The clock is ticking



PHOTO ILLUSTRATION DAVID VAN DYKE/METRO

### TEMP is... well, temporary

Douglas Coupland's 20-day novella is a pop-up project and will disappear from our website this Monday at 12:01 a.m. EST. If you've missed an instalment, there are still three days to catch up at temp.metronews.ca — before it is gone forever.

**METRO**

**The present is all we have. And really, how does Kate Winslet manage to always drop those pounds?**

no Boogeyman here. There's only the times we live in, and we can bitch about them or we can move forward, and if you don't move forward, well, you'll be left behind, left in the past, which makes no sense — because the present is all we have. And really, how does Kate Winslet manage to always drop those pounds? **THE END**



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# RON BURGUNDY COMING TO WINNIPEG?

**1 Tom Hanks.** In the most random moment of 2013 possibly, Hanks showed up at the Grey Cup in Regina. Turns out he was there cheering on the Tiger Cats with his L.A. pal Martin Short, a Hamilton native. Hanks wore a Ticats toque (and later a Riders toque), hung out with The Sheepdogs and sat in the chilly stands. Can we adopt him as ours?

**2 Twitter and Time.** This year, Time announced a unique new partnership with Twitter as part of their Person of the Year issue. Users can vote for their choice by tweeting with the hashtag #TIMEPOY. The readers' choice poll ends Dec. 4. So go ahead now and cast your vote for ... Miley?

**3 November wrap up.** I wore my mo proudly this year, and raised over \$1,000 to join Mo's Platinum Club. One of the feel-good stories of this year was three buddies who cycled from Vancouver to Toronto and raised nearly \$100,000 for November in their Moustache Ride Across Canada. Amazing guys, amazing cause.

**4 @boringtweets.** Who would think that a boring Twitter account would be a hit? But it is. Its nearly 140,000 followers get tweets like "I've just looked at something," "I've



**THE METRO LIST**  
**Neil Morton**  
metronews.ca

just signed for a parcel for next door," and "I hope I dream about cardboard again. That was one crazy dream." I would keep giving you examples, but I have to watch paint dry.

**5 Ron Burgundy.** Will Ferrell's fictitious Anchorman character will be in Winnipeg this Sunday covering Canada's Olympic curling trials dubbed Roar of the Rings for TSN. They should consider hiring Burgundy permanently: Ratings would go through the roof.

**6 Toronto + Bon Jovi = NFL?** Toronto football fans were living on a prayer wondering whether their city would ever get an NFL franchise, but thanks to Bon Jovi, that might become a possibility. The rocker is a

leading contender to buy the NFL's Buffalo Bills and with some powerful and rich T.O. friends, move them to the city.

**7 Global anchor Katie Couric.** No, not for Global News.

Couric will now be the global anchor for the resurgent Yahoo. She will start next year and be the "face of Yahoo News," CEO Marissa Mayer wrote in a blog post. In effect, Couric will now be the global ambassador for Yahoo. This move is another example that the future of TV is online.

**8 Harvard.** The Ivy League school got some negative attention after a video was released asking students: "What is the capital of Canada?" and answers ranged from Vancouver to Ontario. Duh! It's not right, because us Canadians all know the capital of the United States is New York, eh?

**9 Social media jobs.** A Workopolis study says jobs for social media experts will be obsolete in 10 years as digital natives enter the workforce who are already able to do that work, so having social media skills will no longer be a differentiator for us digital immigrants. Also, we'll soon be able to schedule tweets 10 years in advance so our work here is complete.

**10 Paul Bissonnette.** You might not have heard of the Canadian NHLer but his Twitter account @BizNasty-2point0 is a riot. His Twitter bio says: "Play in the NHL for the Phoenix Coyotes. Well sort of. Once played in the ECHL for the Wheeling Nailers, seriously, that was the name." With tweets like "If you ever feel insecure about your looks, go to the Vegas airport and sit at a nickel machine and smoke," this is a gem. 475,000+ followers agree.

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## ZOOM

# Wood you believe it



ANDY WILLSHEER/REX FEATURES

## Vintage vehicle created from oak

A man has made a VW Beetle — out of wood.

Momir Bojic from Celinac in Bosnia and Herzegovina has hand-built the impressive Bug with mind-boggling patience, using skilled woodworking to create intricate detailing. Everything from the bonnet to the gearshift has been carved by Momir in his garden workshop. **METRO**

## Slow and steady wins building race

Progress was necessarily slow because of the work's labour-intensive nature.

Momir said: "Some days my wife and I might end up with just two or three rows of pieces on a panel, but this was irrelevant as far as I was concerned because I'm a bit of a perfectionist. Accuracy was far more important than worrying about how long the work was taking." **METRO**

## Wife chips in for hubby's project

Momir, who spent time working at the Volkswagen Transporter manufacturing plant in Hanover, Germany, got some help from his wife Nada.

"I was intending to undertake the task by myself, but after my wife saw the amount of effort involved she felt I was crazy to try and do it all on my own and was happy to offer her assistance in the project." **METRO**

## Motorbike made from locust wood

Momir isn't the only man from Eastern Europe adept at making wooden vehicles.

Istvan Puskas from Tiszaros, Hungary, spent two years building a motorcycle from weather-resistant black locust wood.

Puskas used cow horns as a handlebar and exhaust pipe, and a gasoline engine from an old Fiat.

**METRO**

## Clickbait



**HANNAH ZITNER**  
hannah.zitner@metronews.ca

**Terrified of stepping foot in a shopping mall during Black Friday or the rest of the holiday season? There's a beautiful place you can pop into to get your shopping done without the Jingle Bells soundtrack, oversized faux cedar trees or never-ending lineups: The Internet.**

## Sift:

The site launched about a year ago as a website that mined your email looking for deals and promotions that may interest you. Now, with the help of \$2 million for seed funding, they've launched an iPhone app that lets you shop right from your phone. Wait for their upcoming social function.

## Slice:

Not exactly a shopping site, but more

like an online shoppers personal assistant. Slice keeps track of what you buy and lets you know if you're eligible for a price adjustment, recalls, and other things you may want to know about your purchases.

## Karmaloop:

Look sharp AND get good deals on trendy new weekend duds from Karmaloop. Site often has promo codes to get your saving started (Black Friday code is BLKLIGHT, FYI).



ISTOCK IMAGES

## Comments

**RE: Tips On (Cough) Hacking A Cold, by John Mazerolle, published Nov. 28**

How about starting by improving your immune system.

I rarely get colds, and I haven't had the flu in 21 years, despite the fact that I work with a lot of people who get sick a lot. Flu shots...?? Never.

We are getting too caught up in cleanliness as a society. That's not to say I don't engage in personal hygiene. I just don't subscribe to the

antibacterial everything that society wants us to.

My wife and four-year-old daughter also do not get sick. My daughter has been sick once since she was born. My tips...?? If you drop it on the floor, pick it up and eat it. If you cough, cough into your hand. And, eat a pound of dirt a week.

Remember, your immune system is an army, and an army needs practice to fight effectively. Take away its ability to practise, and when real germs come along, it will not be able to fight it, and you'll get sick.

**ns\_hunter posted to metronews.ca**

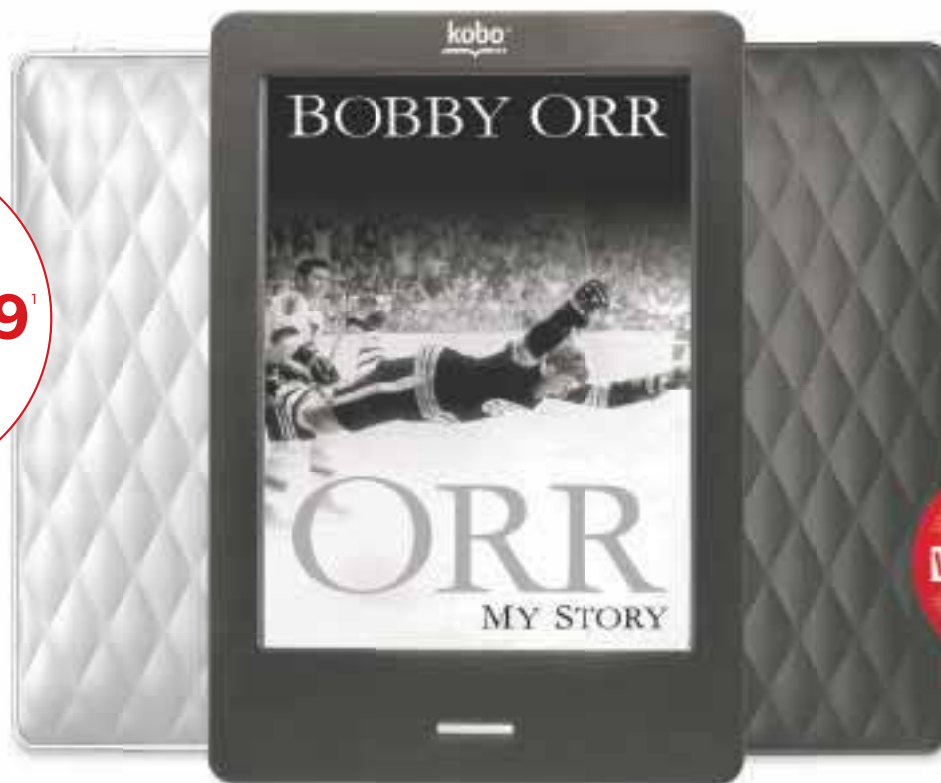
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## Synopsis

The last couple of weeks have offered up the odd little treat at the movies, like an amuse-bouche to get our taste buds primed for the tastier stuff to follow in December. Not only does the 12th month give us Christmas, Boxing Day, Kwanzaa and New Year's Eve, we also get a delicious buffet of great movies. This week the Reel Guys look ahead to the 31 days that sate our appetite for great movies while feeding the voraciously hungry Oscars.

## Reel Guys

RICHARD  
CROUSE AND  
MARK BRESLIN



The Wolf of Wall Street, starring Leonardo DiCaprio, is one of the films to get excited for this Christmas. CONTRIBUTED

# 'Tis the season for great films

**Ones to watch.** The weather outside is frightful, so duck inside to catch one of the movies the Reel Guys are looking forward to

**Richard:** Mark, people complain that trailers give away too much of the story, but one upcoming movie has been releasing trailer after trailer — usually not a good sign — and has yet to reveal itself. Apparently The Wolf of Wall Street, directed by Scorsese (do I have to write his first name? I don't think so) and starring Leonardo DiCaprio and Matthew McConaughey, is going to clock

in at three hours, so no trailer, no matter how long or how many, can give away all the good stuff. All they have done is make me eager to see this stockbroker meltdown story. What's grabbed you?

**Mark:** I'm looking forward to The Wolf of Wall Street too. But I've already decided that Inside Llewyn Davis, the new Coen Bros movie about the Greenwich Village folk scene in 1961, will be my favourite movie of the year. Perhaps I should actually SEE the film before making my decision, but I know, Richard, I just know! I've been waiting for someone to make a movie like this for a long time, and who better than the Coen Bros? The trailer looks terrific and Justin Timberlake looks perfect in his orange alpaca car-

digan, not that it would influence my decision in the least.

**RC:** Timberlake is such a conundrum for me. He's a wildly talented guy whose movies frequently don't work. My fingers are crossed that for him, Llewyn is more Social Network than Runner Runner. Saving Mr. Banks is another one I'm looking forward to. I'm a sucker for old Hollywood so the story of Walt Disney (played by Tom Hanks) wooing P.L. Travers (Emma Thompson) for the rights to Mary Poppins is up my alley. That, and I'd watch Thompson do anything — bake a chicken, read the phonebook or play an up-tight spinster.

**MB:** Here's a guilty pleasure:

Grudge Match, the story of two aging boxers facing off for the first time in 50 years. Since the boxers are played by De Niro and Stallone, it's like a dream mash-up: Raging Bull vs Rocky! I'm hoping Will Smith gets a dream sequence cameo as Ali. And let's not forget American Hustle, David O. Russell's new film about greed, lust, politics, and the Mafia. Sounds like a perfect title.

**RC:** Three things make me want to see American Hustle: the trailers (which are awesome), Christian Bale's beer gut and Jennifer Lawrence's extravagant hairdos.

**MB:** Wait! Make that De Niro's beer gut and Stallone's hairdo and it's a Grudge Match!

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# WHO WON THE ULTIMATE TEMP SURVIVAL KIT!

## John S. from Edmonton , AB

## Eva L. from Calgary, AB

**Sausan S. from Toronto, ON**





**Festive finds**

## Jacquie Lawson 2013 Advent Calendar



**MIND THE APP**  
Kris Abel  
@RealKrisAbel  
scene@metronews.ca

**iPad Free**

This free calendar from popular e-card artist Jacquie Lawson offers a charming animated story every day as a country village, filled with cosy shops and wildlife, prepares for Santa's arrival.



# Josh Gad never iced his big dreams

**Frozen.** Actor was ready to give up on making it in show biz when his mother offered him some wise advice

**RICHARD CROUSE**  
scene@metronews.ca

Josh Gad, the voice of Olaf the optimistic snowman in the new Disney animated film *Frozen*, thanks his mom for some very well timed advice. "My mother, God bless her," he says, "allowed me to keep dreaming."

The story starts in 1993. "I was sitting in a dark theatre watching *Aladdin*," he says. "Robin Williams is playing this insane genie character. I'm on the floor, as is the rest of the audience, and I looked over at my mom and said, 'I want to do that one day,' meaning, I want to be the comedic relief sidekick in one of these Disney films."

Cut to a decade later.

"I was about three years out



Josh Gad plays Olaf, the optimistic snowman in *Frozen*, which is playing in theatres now. CONTRIBUTED

of college and I called my mom up and said, 'I don't think I want to do this anymore.' She started crying. I said, 'I'm going to go to law school.' I thought my mother was going to celebrate that she wouldn't have to worry about me anymore. But she was really disappointed. And I said, 'Why are you disappointed?' She said, 'Because you've been dreaming about this for 15 years, but you are only allowing yourself to live out your dream for three years

and I think that is unfair to yourself.' It was very startling to hear her say that."

"A week later I got my first big break on Broadway doing a show called *The 25th Annual Putnam County Spelling Bee*. I guess it was at that time I realized I was going to be OK."

"Book of Mormon was the point at which I realized I had reached a new level. That I had made it. I wasn't a working actor anymore, I was an actor who was a part of something

very special and that would allow and afford me more opportunities to do what I had dreamed of."

Those opportunities include starring in TV shows like *1600 Penn* and movies like *Jobs*, and, of course, making his dream from 1993 come true with *Frozen*.

"To get that phone call, saying, you are that guy," he says, "I had to hold the phone down because I was sobbing with joy."

Olaf, his comedic sidekick

snowman, already has at least one fan — Gad's young daughter.

"She was two-and-a-half when I took her to see her very first movie in a movie theatre, which was *Monster's University*. The teaser for *Frozen*, which featured just my laugh [played before the movie]."

"Off of that laugh she turned to me and said, 'More dada. I want more dada.' I had to turn away from her because I was embarrassed by the tears."

# When grandma wants an autographed photo

**Out of the Furnace.**

Zoe Saldana's latest role has her working with some heavyweights — and her family is proud



**NED EHRBAR**  
Metro World News in Hollywood

Zoe Saldana is in some pretty good company in *Out of the Furnace*, co-starring alongside Christian Bale, Forest Whitaker, Woody Harrelson, Casey Affleck, Willem Defoe and Sam Shepard in director Scott Cooper's follow-up to *Crazy Heart*.

**It's quite the impressive ensemble in this. Who was already on board when you joined the cast?**

Christian was already on board, Sam Shepard was already on board, then everybody else was still up in the air. But they were the names that were mentioned. Casey was almost a yes, I believe. So when I heard these



Zoe Saldana stars in *Out of the Furnace*, which opens next Friday. CONTRIBUTED

names I really prayed that it was going to be everybody that joined the cast because those are actors that I've always wanted to work with.

**Some actors can't stand watching their own films. How about you?**

I only have it in me for maybe two screenings, and then after that I can't do it. ... After the third screening you just can't watch it anymore. You revisit it every two or three years when a family member forces you to sit down with them and watch

it while they hold your hand. Which is what happens to me and my grandma.

**You have to give them a little leeway because it's family.**

Yeah. Like my poor grandma, she's been asking me to give her an autograph since I did *Center Stage* 15 years ago, and I'm not going to write my grandmother an autograph. That's just ridiculous. I'm not going to sign my name on a picture of myself and go, "Here, Grandma!" It's just uncomfortable.

## FREE BIRDS COLOURING CONTEST WINNER

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RELATIVITY one



THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 29 TO THURS., DEC. 5. TIMES ARE SUBJECT TO CHANGE.

**Hyland Cinema**  
**240 Wharnclyffe Road**  
**South**

All Is Lost (PG) Fri 1-7:05 Sat 3:05-7:05 Sun 2:55-9 Mon 1-5 Tue 3:05-7:05 Wed 3:10-9:15 Thu 1-5  
 Captain Phillips (14A) Fri-Sat 9:05 Sun 12:30 Mon 7 Tue 9:05 Wed 12:45 Thu 9:05  
 Kill Your Darlings (14A) Fri-Sat 5:05 Sun 7 Mon 3 Tue 5:05 Wed 7:15 Thu 3  
 Last Vegas (PG) Fri 3 Sat 1 Sun 4:55 Mon 9:30 Tue 1 Wed 5:10 Thu 7

**Rainbow Cinemas London**  
**355 Wellington St.**

12 Years a Slave (14A) Fri-Thu

12:55-3:40-6:50-9:40  
 About Time (14A) Fri-Thu 6:55-9:30  
 Cloudy With a Chance of Meatballs 2 (G) Fri-Thu 1:15-3:30  
 Delivery Man (PG) No Passes Fri-Thu 1:20-3:55-7:25-9:45  
 Frozen (G) No Passes Fri-Thu 1:15-3:45-7:10-9:35  
 Homefront (14A) Fri-Thu 1:10-3:20-7:20-9:30  
 The Hunger Games: Catching Fire (PG) Fri-Thu 12:50-3:40-7-9:50  
 The Impossible (PG) Sat 10  
 Thor: The Dark World (PG) Fri-Thu 1:05-3:45-7:15-9:45

**Western Film**  
**Room 340, UCC Building,****Argo (14A) Fri-Thu 9:50**  
Machete Kills (14A) Fri-Thu 9:30  
The Wolverine (PG) Fri-Thu 7

**Wellington 8 Cinemas**  
**983 Wellington Rd. S,**  
 The Book Thief (PG) Fri 6:40-9:45 Sat-Sun 12:20-3:30-6:40-9:45 Mon-Thu 5:20-8:25  
 Captain Phillips (14A) Fri 6:30 Sat-Sun 12:10-3:10-6:30 Mon-Thu 5:10  
 Delivery Man (PG) Fri 7:10-10 Sat-Sun 12:50-3:40-7:10-10 Mon-Thu 5:40-8:30  
 Frozen (G) Fri 9:30 Sat-Sun 3:50-9:30 Mon-Thu 7:50  
 Frozen 3D (G) Fri 6:50 Sat-Sun

1-6:50 Mon-Thu 5:15  
 Homefront (14A) Fri 7:15-9:40 Sat-Sun 12:45-3:15-7:15-9:40 Mon-Thu 5:30-8:10  
 The Hunger Games: Catching Fire (PG) Fri 6:45-7:20-10:10 Sat-Sun 12-12:30-3:20-4-6:45-7:20-10:10 Mon-Thu 5-7:40-8:15  
 Jackass Presents: Bad Grandpa (14A) Fri-Sun 9:25 Mon-Thu 8  
 Thor: The Dark World (PG) Sat-Sun 12:40  
 Thor: The Dark World 3D (PG) Fri 7-9:50 Sat-Sun 3:45-7-9:50 Mon-Thu 5:35-8:20

**Cineplex Odeon West-**  
**mount & VIP Cinemas****755 Wonderland Road**  
**South**

About Time (14A) Fri 9:30 Sat-Sun 10:05 Mon 9:20 Tue 9:30 Wed-Thu 9:20  
 The Book Thief (PG) Fri 3:50-7-10 Sat 12:40-3:50-6:55-9:55 Sun 12:20-4:05-7-9:55 Mon 7-10:05 Tue 3:50-7-10 Wed-Thu 7-10:05 Star & Strollers Screening Wed 1  
 Delivery Man (PG) Fri 5:15-7:50-10:30 Sat-Sun 12:15-2:50-5:25-8-10:35 Mon 7:40-10:20 Tue 5:15-7:50-10:30 Wed-Thu 7:40-10:20 Star & Strollers Screening Wed 1  
 Frozen (G) No Passes Fri 4-6:50 No Passes Sat-Sun 11:30-2-4:40-7:15 No Passes Mon 6:40 No Passes Tue 4-6:50 No Passes Wed 1:15-6:40 No Passes Thu 6:40  
 Frozen 3D (G) No Passes Fri 4:45-7:20-10:05 No Passes Sat-Sun 12-2:35-5:15-7:50-10:25 No Passes Mon 7:25-10:05 No Passes Tue 4:45-7:20-10:05 No Passes Wed-Thu 7:25-10:05  
 The Hunger Games: Catching Fire (PG) No Passes Fri 3:15-6:40-9:55 No Passes Sat 12:05-3:25-6:45-10 No Passes Sun 3:25-6:45-10 No Passes Mon 6:30-9:45 No Passes Tue 3:15-6:40-9:55 No Passes Wed-Thu 6:30-9:45 No Passes Fri 4:15-7:30-10:45 No Passes Sat-Sun 1-4:15-7:30-10:45 No Passes Mon 7:15-10:25 No Passes Tue 4:15-7:30-10:45 No Passes Wed 1:10-7:15-10:25 No Passes Thu 7:15-10:25 No Passes Fri 3:30-4:20-6:30-7:30-9:50-10:40 No Passes Mon 6:45-8-9:35 No Passes Tue 3:30-4:20-6:30-7:30-9:50-10:40 No Passes Wed-Thu 6:45-8-9:35  
 Philomena (PG) Fri 5-7:40-10:10 Sat-Sun 11:50-2:25-4:50-7:20-9:45 Mon 6:50-9:15 Tue 5-7:40-10:10 Wed 1:20-6:50-9:15 Thu 6:50-9:15 Fri 3:55-7-9:20 Sat-Sun 12:45-3:50-7-9:20 Mon 7:15-10 Tue 3:55-7-9:20 Wed-Thu 7:15-10  
 Pipes & Sticks on Route 66 (PG) Sun 12:30  
 Thor: The Dark World (PG) Sat-Sun 1:10  
 Thor: The Dark World 3D (PG) Fri 4:20-7:10-10:20 Sat-Sun 4:05-7:05-10:15 Mon 7:05-10 Tue 4:20-7:10-10:20 Wed 7:05-10 Thu 6:30-10

**SilverCity London**  
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12 Years a Slave (14A) Fri 12:45-4-7:15-10:20 Sat 12:25-4-7:10-10:20 Sun 12:45-4-7:15-10:20 Mon-Thu 12:55-4:05-7:10-10:15  
 Delivery Man (PG) Fri 2:40-5:20-8:15-10:40 Sat 2:40-5:20-8-10:30

Sun-Thu 2-4:40-7:55-10:10  
 Die Hard (14A) Thu 7  
 Free Birds (G) Fri 1:10 Sat 11:30 Sun-Tue 1:10 Wed 1:15 Thu 1:10  
 Free Birds 3D (G) Fri 3:30-5:45 Sat 3:30-5:40 Sun-Wed 3:30-5:45 Thu 3:25-5:40  
 Frozen (G) No Passes Fri 1:10-3:20-5:40-8 No Passes Sat 11:40-2-4:20-7 No Passes Sun-Tue 1:05-3:20-5:40-8 No Passes Wed 3:20-5:40-8 No Passes Thu 1:05-3:20-5:40-8 Star & Strollers Screening, No Passes Wed 1  
 Frozen 3D (G) No Passes Fri 12:35-2:50-5:10-7:40-10 No Passes Sat 11:05-1-25-3:45-6-8:20-10:40 No Passes Sun 12:35-2:50-5:10-7:40-10 No Passes Mon-Thu 12:45-3-5:20-7:50-10  
 Gravity 3D (PG) Fri 10:25 Sat 9:55 Sun-Thu 10:20  
 Homefront (14A) Fri 12:40-3:10-5:45-8:20-10:50 Sat 12:40-3:10-5:45-8:15-10:45 Sun 12:30-3-5:35-8:10-10:40 Mon-Tue 1:35-4:20-7:25-10:05 Wed 4:20-7:25-10:05 Thu 1:35-4:20-7:25-10:05 Star & Strollers Screening Wed 1  
 How to Train Your Dragon (PG) Sat 11  
 The Hunger Games: Catching Fire (PG) No Passes Fri 12:30-12:45-1:15-3:45-4-4:30-7-7:15-7:45-10:15-10:30-10:55 No Passes Sat 12:15-12:45-1:30-3:30-4-4:30-6:45-7-7:45-9:50-10:15-10:45 No Passes Sun 12:30-12:40-1-3:35-3:45-4:05-7-7:10-7:30-10:05-10:15-10:35 No Passes Mon 12:40-12:50-1:30-3:45-3:55-5:05-7-7:20-8-9:55-10:25 No Passes Tue-Wed 12:40-12:50-1:30-3:45-3:55-5-7-7:20-8-9:55-10:25 No Passes Thu 12:30-12:50-1:10-3:45-3:55-4:15-7:10-7:20-7:45-10-10:15-10:25  
 The Hunger Games: Catching Fire — The IMAX Experience (PG) No Passes Fri 1-4:15-7:30-10:45 No Passes Sat 1-4:15-7:30-10:35 No Passes Sun 12:50-3:55-7:25-10:25 No Passes Mon-Tue 1-4:05-7:35-10:35 No Passes Wed 1:05-4:05-7:35-10:35 No Passes Thu 1-4:05-7:35-10:35  
 Jackass Presents: Bad Grandpa (14A) Fri 7:55-10:35 Sat 8-10:15 Sun-Wed 8:15-10:30 Thu 10:40  
 The Metropolitan Opera: The Nose - Encore (STC) Sat 12  
 Oldboy (18A) Fri 1:30-4:10-8:05-10:40 Sat 1:30-4:10-7:55-10:25 Sun-Tue 1:30-4:10-7:05-9:55 Wed 1:30-4-7:05-9:55 Thu 1:30-4:10-7:05-9:55  
 Thor: The Dark World (PG) Fri-Sat 2:20 Sun-Thu 1:55  
 Thor: The Dark World 3D (PG) Fri 5:10-7:50-10:50 Sat 5:10-7:50-10:30 Sun 4:45-7:35-10:25 Mon-Wed 4:45-7:30-10:25 Thu 4:45-7:30-10:30

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# Handwritten Born to Run headed to auction

## Music history.

According to Sotheby's, the document has lots of unpublished and unrecorded material from Springsteen

steen's 1975 hit Born to Run will be offered at auction on Dec. 5, with a presale estimate of \$70,000 to \$100,000 US, Sotheby's said Wednesday. The seller was not revealed. The auction house said the document used to be in the collection of Springsteen's former manager, Mike Appel.

Sotheby's said most of the lines in this 1974 version,

written in Long Branch, N.J., are apparently unpublished and unrecorded, but the manuscript does include "a nearly perfected chorus."

Springsteen's thought process, written in blue ink on an 8 1/2-by-11 sheet of ruled notepaper, looks like this:

"This town'll rip the (out your) bones from yourback / it's a suicide trap (rap) (it's a trap to catch the young) your

dead unless / you get out (we gotto) while your young so (come on! / with) take my-hand cause tramps / like us baby we were born to run."

"The imagery and tone are constant from the present manuscript to the final song," the auctioneer said.

The document will be part of a Manhattan sale of fine books and manuscripts.

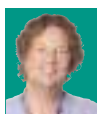
THE ASSOCIATED PRESS



Bruce Springsteen. JOHN MINCHILLO/THE ASSOCIATED PRESS

A handwritten working manuscript of Bruce Spring-

## All hail the Internet



**SOUND CHECK**  
Alan Cross  
scene@metronews.ca

Let's all thank the Internet for this musical bounty



### Bad Like That/ Hello Beautiful

Definitely the weirdest video I've seen this month. I can be summarized thusly: woman gives birth to Whitby band. Literally.



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# Avril Lavigne talks Chad Kroeger, getting wasted and her new album

**Interview.** The pop-rock princess opens up about her new husband, their courtship and cleaning up some of her lyrics

PAT  
HEALY

Metro World News



On the cover of Avril Lavigne's newly released self-titled album, she looks all grown up, with a stern expression and dark makeup framing her eyes. But the first thing she sings on the album is the line "I don't care about my make-up," so it's probably best to pay heed to the age-old advice of not judging a book by its cover. Within Avril Lavigne is a whole bunch of fun anthemic pop that she'll be the first to tell you, doesn't really

get too deep within Avril Lavigne. Sophisticated stuff, this is not, but there seems to be a friction on the album between the impulse to try to preserve her youth and the impulse to grow up. In conversation, Avril Lavigne is as laid back and self-assured as any of her songs would lead you to believe.

**The feeling I get from this album is definitely a summer feel. It doesn't really seem very November to re-**



Avril Lavigne makes no apologies for her pop-rock brand of music. GETTY IMAGES

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lease an album with tracks like *Bitchin' Summer* and *Sippin' on Sunshine*. It's funny because I asked myself if this was going to just turn out to be a summer record. We were doing a lot of writing in the summer, and I wanted to have a summer song, you know, driving in the car, good feeling, good times. For about a week I was writing songs like that. But this album has *Sippin' on Sunshine* and *Bitchin' Summer*. And then *Rock N Roll* kind of does have summer feel to it. The record was supposed to come out earlier, but they changed the date on me three f—ing times.

**You seem caught between the sentiment of *Here's to Never Growing Up* and**

**actually growing up ...** It's really not that deep, musically. I like to be on stage, I like to write pop-rock songs. That's what everyone wants to hear from me, and that's when everyone goes ape-shit, with the fist-pumping and all. But there are different sides to me, I enjoy sitting down at the piano and telling this in-depth story and writing an emotional ballad (but also) I love rock music, so I have *Bad Girl* on this record and *Hello Kitty*, which has a grungy electronic feel. So the album is diverse and I wanted to write all different types of styles.

**There are a lot of mentions of getting wasted on this album too. I feel like you don't hear that referred to**

**in such a straightforward way that much on pop radio.** (Laughs.)

**Do you have people that are saying that they can't get your stuff on the radio because of the content?** There is a clean version and an explicit version. It's something I definitely think about, but then I have the opportunity to offer two options.

**With this album, you collaborated a lot with your husband, Chad Kroeger. I've heard it referred to as a snapshot of your relationship's development. At what point in the creative process did you guys realize there was truly something there?**

**At what part of writing and working together did you guys fall in love?**

Well, we worked on the album and he was on tour. Then he left and then we worked again. We worked in different clumps. When I had actually taken a break after the tour, I moved to France on my own. Then he came out to visit me and that was our first time getting together without it being work-driven.

**Did any songs come about from the courtship?**

We have a duet on this record. That was the first one we worked on together. Then we also worked on a song called *If I Said That I Loved You*, and it's a duet, it's unreleased.



1. The following information is provided for the purpose of providing information to the public regarding the status of the project. The information is provided for informational purposes only and is not intended to be used for any other purpose. The information is provided for informational purposes only and is not intended to be used for any other purpose. The information is provided for informational purposes only and is not intended to be used for any other purpose.





Blythe Danner. ALL PHOTOS GETTY IMAGES

## Dear riff-raff: Stop bugging my extraordinarily accomplished daughter

Blythe Danner wants everyone to leave her daughter, Gwyneth Paltrow, alone. "I feel she's just extraordinarily accomplished in every area, and people don't like that," Danner says in an interview with the blog Naughty But Nice Rob.

"Some people don't like that, people who are bored and sit on their asses all day and just tap away. I mean, I don't read any of it. I just find it disgusting. There is a coarsening of our culture today that is just so tragic."



Brad Pitt

## Brad and Shia don't play well together

Brad Pitt and Shia LaBeouf apparently aren't having the best of times working together on the Second World War drama *Fury*, currently shooting in the U.K.

"They have very different styles of working and it's not mixing well on a

personal level," a source tells Radar Online. "Brad loves to joke around with his young co-stars, and especially on a very serious war movie, he'd love to take the edge off by kicking back between scenes. But Shia wants to stay in character the whole time."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Australia



## How Justin's new hobby is going over Down Under

An Australian hotel is declaring itself a graffiti Bieber, despite being at odds with the city government. QT Hotel in the Gold Coast said it gave Justin Bieber permission to spray graffiti on its wall. The Canadian singer and others posted images online showing cartoon faces in fluorescent paint on an outdoor wall at the hotel in Queensland state.

After hearing criticism, the hotel changed its Facebook page cover art Thursday to show Bieber, his graffiti and the declaration: "He asked, and we said YES."

The Gold Coast mayor Tom Tate says the singer risked undermining the city's efforts to fight graffiti. "The last thing we want is to have graffiti glorified and more young people thinking it's a cool thing to do," he said.

In a letter to the hotel, Tate asserted the city can insist on removal of graffiti in private spaces if it's visible from public spaces.

But in further posts on its Facebook page, QT Hotel defended Bieber as an excellent hotel guest and said it wanted to promote graffiti as an art form. It invited artists to share examples of their work to be judged, with select artists being offered a hotel wall they could spray-paint themselves.

Bieber performed in Brisbane on Wednesday and has more concerts in Sydney on Friday and Saturday.

The 19-year-old pop star arrived in Australia after a troubled Latin American tour.

He apologized to Argentinians after images appeared to show him dragging that country's flag across the stage with his feet. He quit one concert early after apparently contracting food poisoning, and police in Brazil want to question him about another graffiti incident there.

THE ASSOCIATED PRESS



Kanye West

## I didn't tell nobody not to buy no Louis Vuitton nohow, Kanye clarifies

Kanye West wants to clarify his stance on Louis Vuitton. The rapper insists he never ordered his fans to boycott the fancy fashion brand — since it would be unnecessary. "It's a misconception that I said boycott Louis Vuitton," he said during an interview with NYC radio station 92.3 Now.

"You can't boycott Louis Vuitton. I wouldn't tell nobody to boycott a brand that ain't nobody even thinking about no more. Nobody thinking about buying no Louis Vuitton." The beef apparently started after the head of the label declined West's request for a meeting.



Ashton Kutcher and Demi Moore

## Ashton and Demi are officially unhitched

After first separating in late 2011 and filing for divorce almost a year ago, Ashton Kutcher and Demi Moore have finalized their divorce, according to E! News. The papers were signed on Nov. 6

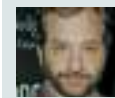
by Moore and on Nov. 14 by Kutcher, and according to the documents the parties have a written agreement about their shared property and neither will be receiving spousal support of any kind.

Twitter



@chelseahandler

I need auto correct for my mouth.



@JuddApatow

I feel like all modern technology in some form was introduced in the film *Sleeper*. Wasn't he doing online shopping?

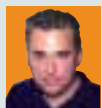
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**Liquid Assets**

## Old school Austrian sips



**LIQUID ASSETS**  
Peter Rockwell  
@therealwineguy  
liquidassets@eastlink.ca

After more than two decades of taking it on the chin from their New World counterparts, the winemakers of Europe are making a comeback. While France and Italy are seeing the biggest upsurge in popularity, Spain, Germany and Austria are harvesting the benefits of the growing interest in their juice.

Yes, I said Austria — a country I bet you didn't know has been making wine for more than four centuries. Impossible-to-pronounce regional names and grape varieties that are virtually Austrian exclusive haven't helped the cause.

Though reds make up about 30 per cent of the country's output, whites are Austria's claim to fame. Typically drier and zipper than those made by its German neighbours, whites with the Grüner Veltliner grape have made a modern name for themselves as a partner for Asian cuisine (think sushi).

With its Franz Ferdinand-esque label and phonetic first name; the Grooner 2012 Grüner Veltliner (\$13.11 - \$16.99) is a modern take on old-school Austria with citrusy fruit, balanced acidity and a clean, green finish.

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# A modern take on a Hanukkah tradition

**Three Root Vegetable Latkes.** The perfect fall-inspired recipe



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Potato latkes are a traditional Jewish or Eastern European dish, especially served on Hanukkah. I wanted to make a healthy version, so I used a blend of root vegetables. Use the grater blade of a food processor to grate the veggies.

**1.** In a skillet sprayed with vegetable oil, add the oil, onions and garlic. Sauté on medium heat for 10 minutes until tender. Add the sugar and sauté another 5 minutes. Place in a mixing bowl.

**2.** Squeeze out the excess moisture from the grated vegetables.

**Ingredients**

- 2 tsp vegetable oil
- 2 cups diced onion
- 1 tsp crushed garlic
- 2 tsp brown sugar
- 2 cups grated peeled sweet potatoes
- 2 cups grated peeled baking potato
- 1 cup grated peeled parsnips
- 3 tbsp chopped fresh dill or 1 tsp dried
- 2 eggs
- pinch of salt and pepper
- 1 tbsp vegetable oil
- 1/2 cup tzatziki



This recipe serves six. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Add the vegetables to the onion mixture along with the dill, eggs and salt and pepper.

**3.** Pat into 12 latkes. In two large non-stick skillets add 1 tbsp vegetable oil sauté on a medium heat the latkes for about 7 minutes per side or

**Restrictions**

Please be advised that this recipe may not meet all

Jewish dietary or traditional requirements.

until vegetables are soft. Serve with the tzatziki.

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# I won't spend a cent until I see a sale sign

**Shop when it drops.** This year's holiday customers are wary of shelling out the cash without a compromise

This holiday season, shoppers may not spend their green unless they see more red.

Despite signs that the economy is improving, big store chains don't expect consumers to have much holiday shopping cheer unless they see bold, red signs that offer huge discounts.

## Changes in store

There are already signs that retailers are aggressively discounting.

- Wal-Mart, for instance, last Friday started matching or beating the prices that certain competitors like Best Buy are advertising for some toys and electronics for the day after Thanks-

As a result, shoppers are seeing big sales events earlier and more often than in previous holiday seasons.

Retailers are trying to lure shoppers like Marissa Anwar, who has been doing more bargain hunting compared with last year.

The operations consultant, who lives in Toronto and New York City, said the economy "hasn't been great" and she's lost clients.

As a result, she cut her shopping budget to \$2,800 from last year's \$4,000.

"I was a former 'spendaholic,'" said Anwar, 29.

giving — known as Black Friday. Best Buy also plans to match rivals' prices, even after customers have purchased items.

- And Target, better known for its whimsical advertising, is touting its prices in holiday TV ads for the first time in at least a decade.

"Now, I want to make sure I have the money before I spend it."

It's a problem that retailers know all too well.

Since the recession began in late 2007, stores have had to offer financially-strapped customers ever bigger price cuts just to get them into stores. But those discounts eat away at profits.

So far, Wal-Mart, Target and Kohl's are among more than two dozen major chains that lowered their profit outlooks for either the quarter or the year.

A big reason is the expectation that they'll have to offer huge discounts in order to get shoppers to spend.

Earlier discounting and lowered profit outlooks from retailers are becoming more frequent even though there are indications that the economy is recovering.

The job market is making strides. The housing market is starting to come back. And the stock market keeps hitting new highs.

All that would ordinarily lead Americans to spend more.

But so far, those improvements haven't been enough to shore up consumer confidence.

In fact, Americans' confidence in the economy is at its lowest level since April this year.

"Stores know that they are well into a fight," said Ken Perkins, president of the research firm RetailMetrics.

"The vast majority of consumers are distressed."

Retailers say economic worries continue to weigh on shoppers heading into the holiday shopping season.

"We continue to see anxiety regarding the economy and the ability to stay within household budgets, particularly among lower- and middle-income consumers," said Kathee Tesija, executive vice-president of merchandising for Target, which trimmed its annual profit outlook last Thursday.

THE ASSOCIATED PRESS



During the recession, retailers used sales to lure cash-strapped consumers into stores. The strategy has bred a group of deal junkies who won't shop unless they see a clearance sign. DAVID GOLDMAN/THE ASSOCIATED PRESS

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FretLight Guitar — \$299 and up, clockwise, from left, LG SoundPlate — \$499.99, Sony Walkman WH303 — \$149.99, Mondo Wi-Fi Music Player — \$179.99, Philips ShooqBox — \$149.95, iPod Touch — \$229 and up, SleepPhones — \$39.95 and up, Skullcandy Crusher — \$99.99.

# Don't fret music lovers



MIKE  
YAWNEY  
For Metro

Music is the gift that keep on giving. Impress the audiophile in your life with one of these musical gadgets under the tree.

## FretLight Guitar — \$299 and up

Learn to play the guitar with a little high-tech help. LEDs light up the frets on this special guitar so you know exactly where to place your fingers. Download songs from your favourite artists or pur-

chase entire sets of lessons. Available in acoustic and electric.

## iPod Touch — \$229 and up

There's a reason Apple's iPod remains the No. 1 MP3 player on the market. Beautiful design, gorgeous retina display and simple user interface make this a huge hit for all ages. Use it to store and play thousands of songs, or immerse yourself in the tens of thousands of apps.

## LG SoundPlate — \$499.99

This innovative speaker system sports a simple design, which doubles as a pedestal beneath your flat-screen TV. The 4.1-channel sound system comes with dual built-in subwoofers for rich, full sound while watching your favourite movies or TV shows. When your eyes get tired, enable the Bluetooth feature to listen to your favourite tunes from your phone or tablet. Available in December.

## Philips ShooqBox — \$149.95

Designed to

withstand water and abuse, the ultra-durable ShooqBox is one for true road warriors. Two speaker drivers create loud, clear audio with the ability to pair two ShooqBoxes as left-right speakers. This unit doubles as a hands-free speaker for your phone.

## Sony Walkman WH303 — \$149.99

Headphones with a built-in MP3 player. Store up to 1,000 favourite songs with 4GB of internal storage, then decide how you want to listen to them. You can wear the headphones around your neck and let the built-in speakers pump out the tunes, or listen to your music privately with the

headphones on your ears. A single charge will give you up to 20 hours of music enjoyment.

## Skullcandy Crusher — \$99.99

These headphones are designed with one thing in mind — bass. An adjustable bass slider will have music lovers fine-tuning their favourite tracks while an in-line mic on the cable lets you have phone conversations. These headphones are smart enough to turn on automatically when the tunes begin to play and turn off when not in use to preserve battery life.

## Nuvo Wireless Music System — \$229 and up

Spread music throughout the house. This system utilizes your home's Wi-Fi network to stream lossless level audio to multiple rooms. Supports music services such as Pandora, iTunes and SiriusXM satellite radio. This high-end system isn't cheap, but

if you are an audiophile it's worth the hefty price tag of a complete system.

## Mondo Wi-Fi Music Player — \$179.99

Listen to radio stations from around the world. This Wi-Fi music player sports a beautiful 3.5-inch colour display that shows off station or album art as your favourite songs play. With more than 18,000 free radio stations to choose from there is always something to listen to.

## SleepPhones — \$39.95 and up

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Auggiedog Automatic Pooper Scooper, \$149.99, available at [auggiedog.com](http://auggiedog.com).



Bailey & Bella micro suede beds, \$49.99 to \$79.99, available at Pet Valu, [petvalu.com](http://petvalu.com).



The Electrolux UltraCaptic lightweight, premium bagless vacuum, \$599, available at major retailers, [electrolux.ca](http://electrolux.ca).



The Dog Whisperer with Cesar Millan Oxford Canvas Gusset Dog Pillow, \$34.99, available at Canadian Tire, [canadiantire.ca](http://canadiantire.ca).

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Wishing all a safe and happy holiday season



# DVD delights

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## Breaking Bad: The Complete Series

To provide for his family's future after he is diagnosed with lung cancer, a chemistry genius turned high school teacher teams up with an ex-student to cook and sell the world's purest crystal meth. This collectible replica money barrel contains every show along with special features and other commemorative items. \$250 at Amazon.ca.



special features and other commemorative items. \$250 at Amazon.ca.

## Big Bang Theory, Season 6

Follow the antics of geeky physicists Sheldon Cooper and Leonard Hofstadter and their equally geeky friends. This popular American sitcom premiered in 2007. DVD \$49.99, Blu-ray \$59.99. Available at HMV — for a location near your visit hmv.ca.



## Walking Dead, Season 3

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Gift cards give you the opportunity to tailor a gift and still let the recipient make the final choice. ANNA SUBBOTINA/SHUTTERSTOCK

# Gift cards. To give or not to give



**MICHELLE WILLIAMS**  
For Metro

When it comes to giving gift cards, 90 per cent of Canadians either purchase or give gift cards in any given year.

And this number is rising, says Steve Dekker, managing director of Blackhawk Network Canada, the company

that runs many of the gift card mall kiosks within retail outlets in Canada. Still, many people worry when it comes to giving a gift card, so we asked Dekker to address some common concerns.

## Is it personal enough?

One of the biggest challenges for gift givers is finding just the right gifts. Gift cards for movies, restaurants, retailers

or music give you the opportunity to tailor a gift and still let the recipient make the final choice.

## I don't know what card they might like

Consider a Visa or Mastercard gift card. They might not be as personal, but the clear advantage is that they can be used anywhere. The disadvantage is there is an

additional fee for these purchases.

## I really like my friends and family to have a gift to open

Many people put gift cards into greeting cards or drop them into a stocking, but you can be more creative. Put them in small boxes and wrap them up or package them up with another gift so they can be unwrapped together.

## I worry that the card may not work

The technology behind these cards is rock solid, but just in case, it's always wise to hold on to the activation receipt.

## The card may expire before it's used up

There are consumer protection laws to prohibit expirations on cards or additional fees.

## I'm worried the card might be forgotten or get lost and never be redeemed

Typically, the faster you use the card, the less likely this is to happen. Keep your gift cards in a handy place so you don't forget you have them.

## What if you don't want the card you're given?

You can exchange or even return unused cards online for a small fee. Check out cardswap.ca for more.

## Christmas games for children

If you plan to throw a Christmas party for a group of children this year and you are stuck for game ideas, then here are some fun suggestions that will keep them truly entertained.

Simple, traditional party games can be adapted to suit a particular theme, so since it's a Christmas party you could adapt the following classic games into a Christmas theme:

**Santa Says:** This is just like Simon Says.

**Snowman Freeze:** When the music stops, children have to freeze and stand still like a snowman. The child who moves first is out until the last remaining child is left.

**Pin The Tail On Rudolph:** Play it like Pin The Tail On The Donkey, but adapted to pinning a big red nose on Rudolph.

**Santa, Santa, Elf:** Played like Duck, Duck, Goose, or you can choose other appropriate names if you prefer.

**Pass The Christmas Gift Box:** This is the same as Pass The Parcel, but wrap a box in Christmas paper and fill with pre-wrapped gifts for each child.

Apart from the traditional style games, here are some other games and activities that can be fun to play.

**Fill The Christmas Stocking Relay:** Ideal for a larger group of children, this game involves splitting the kids into two teams. Hang up a couple of Christmas stockings and get two large bowls and fill them with candies. The children have to scoop up candies with a spoon, walk over to the stocking and fill it, then run back and give the spoon to the next child in the line. The team that fills up the stocking with the most candies is the winner.

**Pass The Candy Cane:** Form two groups of children into two lines. The children have to pass a candy cane to each other using one finger only. The first team to pass the candy cane up and down the line is the winning team. **METRO NEWS SERVICES**

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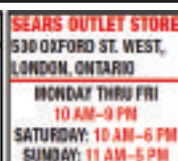
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OHL

## IceDogs' Moran comes out on top of goaltending duel with Knights' Stolarz

It was a battle of goalies Thursday night as the London Knights faced off against the Niagara IceDogs in St. Catharines.

Going into the game Anthony Stolarz led all OHL goalies with a 2.33 goals against average and a .931 save percentage, while at the other end Brent Moran carried a 4.56 goals against average and .875 save percentage.

Moran played giant killer, recording his second win of the season as the IceDogs defeated the Knights 4-1.

Niagara was the first on the score sheet when a quick shot from the slot by Anthony DiFruscia found the back of the net at 12:19 in the second period. The IceDogs added their second two minutes later when the puck took a bad bounce off of a sharp angle shot by Eric Ming.

The Knights notched their first of the game at 15:48 when Nikita Zadorov fired one in from the blue-line.

Billy Jenkins added the IceDogs' third of the second period on a power play goal with seven seconds left in the period to head into the dressing room up 3-1 on the Knights.

The IceDogs put the game out of reach when Brendan Perlini recorded his 15th goal of the season at 17:51 of the third period.

MARK SPOWART/FOR METRO



Lions wide receiver Calvin Johnson dunks the football through the uprights after his 20-yard touchdown on Thursday in Detroit. Johnson had six receptions for 101 yards and his TD put the Lions up 24-10 early in the third quarter of a game they would go on to win 40-10. RICK OSENTOSKI/THE ASSOCIATED PRESS

# Lions show 'special' side after lousy start

**NFL.** Lions bounce back to score 37 straight points against short-handed Packers

Matthew Stafford and Reggie Bush did their part to keep the Aaron Rodgers-less Green Bay Packers in the game.

Stafford turned the ball over a few times and Bush did once.

Instead of crumbling and losing confidence, both players bounced back and helped the Detroit Lions put together a dominant performance after an

### On Thursday

40

Lions

10

Packers

awful start.

Stafford threw three touchdown passes, including one to Calvin Johnson. Bush had 182 yards of offence and scored, and Detroit tallied 37 straight points to rout Green Bay 40-10 on Thursday.

### Megatron reels in Rice

4,944

Detroit's Calvin Johnson now has 4,944 yards receiving in two-plus seasons, breaking Jerry Rice's NFL record for yards receiving in a three-year stretch. Rice had 4,850 yards receiving from 1993 to 1995.

"When we get out of our own way, we can be pretty special," Bush said.

Early on, it looked as if the Lions were going to find another way to waste chances to win a game and take control of the NFC North.

"It's easy when you lose a couple games in a row, particularly the fashion that we lost, for people to say, 'Here we go again.'" Detroit coach Jim Schwartz said. "I'm sure there were some people that were saying that, but they weren't on our sideline."

The Lions (7-5) had lost their last two games, five consecutive against Green Bay and a franchise-record nine straight in their annual showcase on U.S. Thanksgiving.

"It's a step in the right direction for us," Stafford said. "I'm sure the turkey will taste better." THE ASSOCIATED PRESS

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# Gold sled duo reunites for Sochi

**Canada 1 sled back in action.** Olympic champions Kaillie Humphries and Heather Moyse back together at Lake Louise World Cup

## Quoted

**"Based on the results, it was a no-brainer in terms of teaming us up together."**

Heather Moyse, bobsled Olympic champion and Rugby Canada player, talking about her reunion with Kaillie Humphries.

The defending Olympic women's bobsled champions are back in the same sled once again.

Canada's Kaillie Humphries and Heather Moyse will reunite at this weekend's season-opening World Cup at Canada Olympic Park as they begin their buildup to the Winter Games in Sochi.

Humphries won a world title last year and has reached the podium at 13 straight events. Moyse, who competed in track cycling and rugby while taking a break from bobsled, has returned in top form after undergoing hip surgery a

year ago.

The veteran brakewoman from Summerside, P.E.I., has set personal-best start times since coming back and won a push challenge event last weekend. She also set a new start record during selection races in Whistler, B.C..

"That just made me excited about what I can possibly contribute and what I can give back to this team this year," Moyse said in a recent interview. "Because of that excitement and being named to the team as Canada 1 and being put into Kaillie's sled, I think that excitement is just tran-

scending.

"Kaillie and I are both really excited about what we can do and what we can possibly experience this year."

Humphries and Moyse first started sliding together in January 2009 and won Olympic gold a year later. Off and on, they have spent about two and a half years together as a duo.

Moyse suffered a serious ankle injury at the 2010 Rugby World Cup. She later took up track cycling before deciding about a year and a half ago to concentrate on both bobsled and rugby.

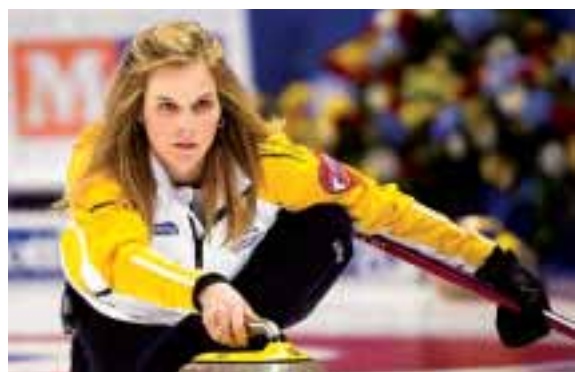
She underwent hip surgery last fall and now feels as strong as ever entering the Olympic season. Her performance at testing made the decision to return to the Canada 1 sled with Humphries an easy one.

"Based on the results, it was a no-brainer in terms of teaming us up together," Moyse said. **THE CANADIAN PRESS**



Kaillie Humphries, left, and Heather Moyse receive the women's bobsled gold medal at the Vancouver Olympics. The winning duo is reuniting at Lake Louise this weekend in preparation for Sochi. **RICHARD HEATHCOTE/GETTY IMAGES**

# Jones vies for her elusive prize: A ticket to Russia



Jennifer Jones will try to qualify for the Olympics for the first time when the Roar of the Rings starts this Sunday in Winnipeg. **RYAN REMIOWZ/THE CANADIAN PRESS**

Jennifer Jones is one of the most successful skips in Canadian curling but, starting Sunday, she'll be trying once more to capture the one prize that has eluded her so far — a trip to the Olympics.

Jones and her rink will join 15 more of Canada's best curling teams at the trials to determine which men and women will wear Canada's colours in Sochi.

"To represent your country at this huge sporting event, what the Olympics is all about, would be amazing," Jones said.

She has tried twice before, in 2005 and 2009 and struck

out both times, not even making the playoffs. And it's not like she was struggling with her game at the time, winning the Scotties in both those years.

But the Tim Hortons Roar of the Rings Canadian Curling Trials isn't a competition where winning your province even gets you into this game.

In fact, 14 of the 16 teams vying to represent Canada at the Olympics come from just three provinces — Ontario, Alberta and Manitoba.

Jones knows from bitter experience how tough it can be to score the coveted spot

on Canada's Olympic team, although right now she's the top-ranked female curler in Canada.

Jones has had more than just a taste of success with four national titles (three in a row starting in 2008), one world title on her CV and a third-place finish at another world championship in 2010.

The women's final will take place on Saturday, Dec. 7. Organizers are predicting huge attendance numbers for the trials, being held at the MTS Centre while the Winnipeg Jets are on an extended road trip. **THE CANADIAN PRESS**

## A stellar CV

Jennifer Jones may have never made it to the Olympics, but the skip has won some silverware curling:

- **Four Canadian Scotties**  
Three in a row starting in 2008 in addition to another five podium finishes.
- **World Champion 2008**
- **World bronze medallist 2010**

## Women's downhill

**Vonn shows hope of early return to slopes**

Lindsey Vonn squeezed in a little freeskiing on Thanksgiving morning, a step in the right direction for a return to racing after reinjuring her right knee in a recent training crash.

The reigning Olympic downhill champion posted a photo on her Facebook page Thursday grinning on an empty slope in Vail.

**THE ASSOCIATED PRESS**

## Biathlon

**Fourcade win shows up critics**

Two-time overall World Cup champion Martin Fourcade of France shot flawlessly to win a men's 20-kilometre individual race at the first biathlon World Cup meet of the season, silencing critics of his form ahead of the Sochi Olympics.

Fourcade took the lead just after the first round of shooting Thursday and stayed in front to finish the race in 50 minutes and 10.9 seconds.

**THE ASSOCIATED PRESS**

## Free spirit



**"I live my life pretty loosey-goosey by the seat of my pants."**

**I don't plan ahead, but it works for me for skiing. That's how I race as well. I live in the moment."**

Canadian downhill skier Jan Hudec. Hudec, Erik Guay and Manuel Osborne-Paradis are the Canadian downhill team's decorated elder statesmen at the season-opening World Cup in Lake Louise, Alta.

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# Meteoric rise leads to deal with Coyotes

**Tyler Gaudet.** OHLer signs entry-level NHL contract a year after toiling in Junior A

Tyler Gaudet was in a far different place at this time last year.

He was toiling in the Central Canadian League for the Pembroke Lumber Kings, his NHL prospects looking dim after being cut from the Quebec Major Junior Hockey League's Gatineau Olympiques.

It's been a far better November for Gaudet in 2013. After a point-a-game start with the Ontario Hockey League's Sault Ste. Marie Greyhounds, the undrafted centre from Hamilton signed an entry-level deal this month with the NHL's Phoenix Coyotes.

"It's been a crazy year," Gaudet said. "I've had my downs, being with Gatineau and then getting sent down. I knew my road to try to play pro hockey



Tyler Gaudet COURTESY OHL IMAGES

was going to be difficult and long."

Gaudet's turnaround can be contributed in part to former NHL player Sheldon Keefe, who was the owner, president, general manager and head coach of the Lumber Kings when Gaudet arrived in Pembroke.

Keefe was hired by the Greyhounds on Dec. 3, 2012, after the team had relieved former coach Mike Stapleton of his

duties.

Just 10 days later, Gaudet was on his way to Sault Ste. Marie to try to make a final impression on a major junior organization.

"I was expecting to play Junior A the whole time but luckily Sheldon brought me up," Gaudet said. "I just wanted to keep playing my game and playing it hard. I wasn't expecting it to happen this fast."

Gaudet, 20, had three goals and five assists in 34 games with the Greyhounds last season, but did enough things right to come back as an over-ager.

He's established himself as a key part of the Greyhounds this year, scoring 11 goals and adding 16 assists in 25 games, with a defensive rating of plus-12.

"His story is a great one," Keefe said. "It was a pretty unconventional way to get to an NHL contract. Certainly there's a level of pride when you're along for the ride with him."

THE CANADIAN PRESS

## NHL

### EASTERN CONFERENCE

#### ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	25	16	7	2	69	52	34
Tampa Bay	25	16	8	1	76	63	33
Detroit	26	12	7	7	69	71	31
Montreal	25	14	9	2	67	52	30
Toronto	25	14	9	2	71	66	30
Ottawa	25	10	11	4	74	81	24
Florida	26	7	14	5	58	86	19
Buffalo	26	5	20	1	45	82	11

#### METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	26	16	9	1	78	63	33
NY Rangers	25	13	12	0	53	61	26
Washington	26	12	11	2	76	74	26
Carolina	25	10	10	5	53	70	25
New Jersey	25	9	11	5	53	62	23
Philadelphia	24	10	12	2	52	60	22
Columbus	25	9	13	3	62	75	21
NY Islanders	25	8	14	3	70	85	19

#### Thursday's results

Vancouver at NY Rangers, 2 p.m.

Edmonton at Nashville

#### Wednesday's results

Nashville 4 Columbus 0

Winnipeg 3 NY Islanders 2

Ottawa 6 Washington 4

Montreal 3 Buffalo 1

Carolina 4 New Jersey 3

NY Rangers 5 Florida 2

Tampa Bay 4 Philadelphia 2

Pittsburgh 6 Toronto 5 (SO)

Detroit 6 Boston 1

Phoenix 3 Minnesota 1

St. Louis 4 Colorado 1

Chicago 3 Calgary 2

San Jose 3 Los Angeles 2 (SO)

#### Friday's games

##### All Times Eastern

Winnipeg at Philadelphia, 11:30 a.m.

NY Rangers at Boston, 1 p.m.

Pittsburgh at Tampa Bay, 4 p.m.

Detroit at NY Islanders, 4 p.m.

St. Louis at San Jose, 4 p.m.

Calgary at Anaheim, 4 p.m.

Montreal at Washington, 5 p.m.

Colorado at Minnesota, 6 p.m.

Edmonton at Columbus, 7 p.m.

New Jersey at Carolina, 7 p.m.

Toronto at Buffalo, 7:30 p.m.

Chicago at Dallas, 8:30 p.m.

### WESTERN CONFERENCE

#### CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	26	18	4	4	95	73	40
St. Louis	24	18	3	3	86	51	39
Colorado	23	17	6	0	70	49	34
Minnesota	26	15	7	4	65	61	34
Nashville	25	13	10	2	60	69	28
Winnipeg	27	12	11	4	72	78	28
Dallas	23	12	9	2	67	68	26

#### PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	24	16	3	5	82	54	37
Anaheim	27	17	7	3	83	71	37
Los Angeles	26	16	6	4	69	56	36
Phoenix	25	15	6	4	83	79	34
Vancouver	26	12	9	5	67	68	29
Calgary	24	8	12	4	66	87	20
Edmonton	25	7	16	2	65	89	16

**Note:** Two points for a win, one point for overtime loss.

#### Saturday's games

Vancouver at NY Rangers, 2 p.m.

Columbus at Boston, 7 p.m.

Pittsburgh at Florida, 7 p.m.

Buffalo at New Jersey, 7 p.m.

Toronto at Montreal, 7 p.m.

Washington at NY Islanders, 7 p.m.

Philadelphia at Nashville, 8 p.m.

Chicago at Phoenix, 8 p.m.

Minnesota at Colorado, 9 p.m.

Calgary at Los Angeles, 10 p.m.

Anaheim at San Jose, 10:30 p.m.

### SCORING LEADERS

	G	A	Pt
Crosby, Pgh	13	20	33
Steen, STL	20	10	30
Zetterberg, Det	11	19	30
Malkin, Pgh	6	24	30
Tavares, NYI	11	18	29

**Not including last night's games**

### MLS PLAYOFFS

### CHAMPIONSHIP

#### MLS CUP

Saturday, Dec. 7

Kansas City vs. Salt Lake, 4 p.m., EST

## NFL

### WEEK 12

#### Thursday's results

Detroit 40 Green Bay 10

Dallas 31 Oakland 24

Pittsburgh at Baltimore

#### Sunday's games

##### All Times Eastern

Jacksonville at Cleveland, 1 p.m.

New England at Houston, 1 p.m.

Arizona at Philadelphia, 1 p.m.

Miami at N.Y. Jets, 1 p.m.

Tennessee at Indianapolis, 1 p.m.

Chicago at Minnesota, 1 p.m.

Tampa Bay at Carolina, 1 p.m.

Atlanta at Buffalo, 4:05 p.m.

St. Louis at San Francisco, 4:05 p.m.

Cincinnati at San Diego, 4:25 p.m.

Denver at Kansas City, 4:25 p.m.

N.Y. Giants at Washington, 8:30 p.m.

#### Monday's game

New Orleans at Seattle, 8:40 p.m.

## NBA

#### Wednesday's results

Indiana 99 Charlotte 74

Orlando 105 Philadelphia 94

Memphis 100 Boston 93

L.A. Lakers 99 Brooklyn 94

Miami 95 Cleveland 84

Chicago 99 Detroit 79

Houston 113 Atlanta 84

Washington 100 Milwaukee 92 OT

Oklahoma City 94 San Antonio 88

Denver 117 Minnesota 110

Dallas 103 Golden State 99

Phoenix 120 Portland 106

L.A. Clippers 93 New York 80

#### Friday's games — All times Eastern

San Antonio at Orlando, 7 p.m.

Miami at Toronto, 7 p.m.

Milwaukee at Charlotte, 7 p.m.

L.A. Lakers at Detroit, 7:30 p.m.

Dallas at Atlanta, 7:30 p.m.

Cleveland at Boston, 7:30 p.m.

New Orleans at Philadelphia, 8 p.m.

Brooklyn at Houston, 8 p.m.

Washington at Indiana, 8 p.m.

Golden State at Oklahoma City, 8 p.m.

New York at Denver, 9 p.m.

Phoenix at Utah, 9 p.m.

L.A. Clippers at Sacramento, 10 p.m.



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## Horoscopes

## ♈ Aries

**March 21 - April 20**

This should be an encouraging day and even if you don't accomplish anything remarkable, you will still make progress. Though what seems like no big deal to you may look remarkable to others.

## ♉ Taurus

**April 21 - May 21**

Try not to put yourself under stress today because the planets suggest you will get more out of life if you take things easy. Treat what look like a major setback as no more than a minor irritation.

## ♊ Gemini

**May 22 - June 21**

There is no point complaining unless you intend to change it. If you give rivals the idea that you are upset about what they are up to, they might decide to do it more.

## ♋ Cancer

**June 22 - July 23**

Something you used to get a great deal of joy from no longer thrills you. In a way that's good because it means you can devote the time and energy you spent on it to more serious creative matters.

## ♌ Leo

**July 24 - Aug. 23**

Flattery will get you everywhere today and will be especially useful if you want to make a good impression on the work front. People in positions of power like to be told how wonderful they are.

## ♍ Virgo

**Aug. 24 - Sept. 23**

Speak up and say what is on your mind but don't expect any applause. If you have any criticisms maybe you should try to make them sound more like positive suggestions.

## ♎ Libra

**Sept. 24 - Oct. 23**

You won't solve a problem by trying to force others to see it from your point of view. If they get the impression that you feel you are intellectually superior to, then they will go out of their way to defy you.

## ♏ Scorpio

**Oct. 24 - Nov. 22**

Try saying nice things to important people today. You may not believe a word of it but if you can get employers to support what you are doing it could mean the difference between success and failure.

## ♐ Sagittarius

**Nov. 23 - Dec. 21**

There have been times of late when it felt as if you were at the mercy of events but it isn't as bad as you think. With the Sun firmly placed in your sign, you should be more upbeat about your prospects now.

## ♑ Capricorn

**Dec. 22 - Jan. 20**

Make it your aim to find something to enjoy in everything you do. Whatever it is you are working on there is no reason why it should not make you smile.

## ♒ Aquarius

**Jan. 21 - Feb. 19**

You may be eager to push ahead with a project but the planets indicate it might be best to wait a few days. Both tomorrow's Sun-Uranus link and next Tuesday's new moon will bring about new ideas.

## ♓ Pisces

**Feb. 20 - March 20**

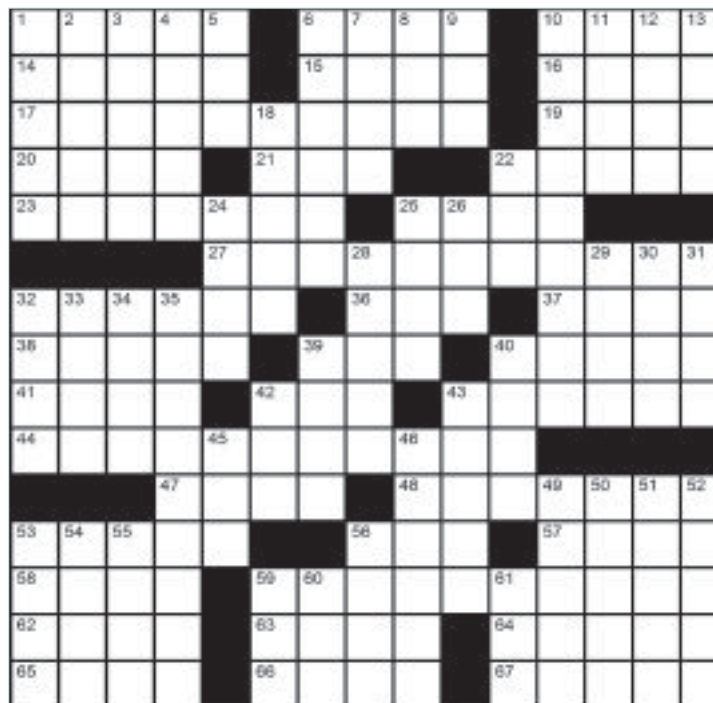
You will see only what you want to see today. That's fine, but if you close your mind completely to new possibilities you'll be the loser.

SALLY BROMPTON

## Crossword: Canada Across and Down

## Across

1. Vermicelli
6. Piece of the puzzle
10. Gwyneth Paltrow's lifestyles website, \_\_.com
14. Gelatin mould dish
15. James \_\_ (Pulitzer-winning writer)
16. "\_\_\_ la Douce" (1963)
17. Racecar driver Jacques, an honoured member of Canada's Sports Hall of Fame
19. Achievement
20. Good vs \_\_ (Superhero's battle)
21. Bar beverage
22. Rock
23. Embark on a cruise: 2 wds.
25. Earth
27. It kicks off the Christmas shopping season: 2 wds.
32. Figures of speech
36. Sanction
37. Store event
38. Moved off course
39. "Way cool!"
40. Scatter
41. Docking spot
42. Sighed sounds
43. Snow-packed ski runs
44. Historic building from 1886 where The Second City in Toronto was famously located: 3 wds.
47. Fertilizer ingredient
48. Record-breaking building category
53. Quality
56. "Frasier" character
57. "Ah, me!"
58. This spot
59. Singer from Saint-Ignace, New Brunswick: 2 wds.
62. Buffalo kind
63. \_\_ Cooper



48. Record-breaking building category
53. Quality
56. "Frasier" character
57. "Ah, me!"
58. This spot
59. Singer from Saint-Ignace, New Brunswick: 2 wds.
62. Buffalo kind
63. \_\_ Cooper

64. Beaver-ish looking animal
  65. Look after
  66. Assorted [abbr.]
  67. Highway-crossing animals
- Down**
1. Does road work
  2. "\_\_\_ always said..."
  3. \_\_ pea soup

4. Cash register drawers
5. Hotshot
6. Spain: Valencian dish of rice
7. Fluish feeling
8. Gun the engine
9. Football prop
10. Things put out annually by Oprah Winfrey, and most

- recently, Gwyneth Paltrow: 2 wds.
11. Celebrated cookie
12. Muscat is its capital
13. Hors d'oeuvre spread
18. Manicurist's concerns
22. Military address
24. Sleep Country

Canada purchase,

25. Timetable, cool-style
26. Commonly, poetically
28. English punk band, with The
29. Dash
30. Sheltered, nautically
31. Archery bow trees
32. Spelling boo-boo
33. Racetrack fence
34. Was in debt
35. Chanel No. 5's magazine page: 2 wds.
39. Ms. Perlman
40. Window ledge
42. Go-Go's smash: "Our Lips \_\_\_ Sealed"
43. Shopping \_\_
45. Galway's country [abbr.]
46. English pop trio, \_\_\_ Kitten
49. Espresso style
50. Upper crust
51. More sensible
52. Boris Godunov, and others
53. Fantastic, in slang
54. Boulevard in Montreal, \_\_\_Levesque
55. Cast or Wrought
56. Also-\_\_\_
59. "This is yummy."
60. Crossword rendering of a segment of a road's dotted line
61. Mr. Stewart

## Yesterday's Crossword



## Sudoku

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

4	6	9	3	7	5	1	2	8
5	1	2	8	9	4	6	7	3
7	8	3	1	2	6	9	5	4
2	7	4	6	8	1	3	9	5
8	9	6	5	3	2	4	1	7
3	5	1	7	4	8	6	2	9
9	2	8	4	1	7	6	3	5
1	3	6	2	6	8	7	4	9
6	4	7	9	5	3	2	8	1

7		9				2		6
	8		5		4		1	
2								3
		4	1		3	8		
	6						4	
		7	2		5	6		
4								8
	3		8		9		6	
9		8				1		5

**Today**

-3°/-7°

Partly cloudy

**Saturday**

1°/-4°

Partly sunny

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**\$29/week**

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TB 27 PIONEER  
  
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26 RB 22 PIONEER  
  
**\$35/week**

16 RB LAUNCH STARCRAFT  
  
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